



AARP Chapters are separately incorporated affiliates of AARP

Coastal News

South Coastal Delaware Chapter #5226
of AARP, Inc.
P.O. Box 225, Ocean View, DE 19970

www.southcoastalaarp.org

VOL. 28 NO. 4

APRIL 2025

EXECUTIVE BOARD OFFICERS

President	Terry Baker	410-812-9063
Vice President	Jim Harding	302-245-8511
Program Chair	Joanne Spink	302-463-0199
Secretary	Jane Bartolomeo	302-436-8208
Asst. Secretary	Paula Pinkett	302-228-6284
Treasurer	Sheila Bower	602-688-5300
Asst. Treasurer	Coleen Cardy	724-238-3967
Past President, Advisor	Kathy Johnson	302-829-8956

DIRECTORS

Ida Crist	2025-2027	302-732-6336
Joan DeMarco	2023-2025	410-250-0963
Susan Kerwin	2025-2027	302-236-3481
Kathy Lesperance	2025-2027	302-537-7845
Sandy Raymond	2024-2026	301-651-2284

NOMINATING COMMITTEE

Maureen Eisenhardt	2025-2026	302-988-1196
Linda Burns Filer	2025-2026	302-354-5656
Terry Griswold	2024-2025	443-752-4513
Lana Linz	2025-2026	302-245-3502
Mable Ruddo	2025-2026	302-541-8549

COMMITTEE CHAIRPERSONS

Community Service	Kathy Lesperance	302-537-7845
Chorus	Ann Jaeger	302-645-8023
Legislative/Environmental	Ted Spickler	302-927-0050
Membership	Kay Houston	302-732-6977
Newsletter	Nancy Archey	703-919-8254
Scholarship	Ida Crist	302-732-6336
	Shirley Price	302-236-7046
Sunshine	Joan Wolf	302-541-0513
Tours	Jim Harding	302-245-8511
Web Coordinator	Frances Hart	703-801-7216
Asst. Web Coordinator	Nancy Archey	703-919-8254
50/50	Joan Wolf	302-541-0513
	Cookie Butts	302-541-9264

Our April 15th luncheon and Chapter meeting at Cripple Creek features Certified Legacy Preservation Specialist Kelly McGrath. Kelly will present best practices to preserve your photos and videos – how to organize, pare down and digitize memories into an archive for long-term preservation. Celebrate your family’s military service, immigration stories, ancestry and more so you can share your history and wisdom with future generations. You won’t want to miss this!

Luncheon Menu Choices

Shrimp Quesadilla

Sauteed shrimp, peppers, onions, tomatoes and cheddar-jack cheese in a grilled tortilla, topped with citrus lime aioli. Served with a side of seasoned rice.

Beef Pot Pie

Beef vegetable stew in a flaky puff pastry bowl.

Chicken Cucumber Salad

Mixed greens wrapped in cucumber slices with roasted peppers, grilled red onion, mixed olives, and cherry heirloom tomatoes topped with grilled chicken breast. Served with golden Italian dressing.

Dessert: Lemon Raspberry Jam Cupcakes

Soft and moist lemon cake, sweet raspberry jam, and creamy-rich raspberry buttercream.

Coffee, Iced Tea, and Lemonade are included

Cost is \$26.00. Pay by cash or check only.

Doors open at 11 a.m., and Lunch is at 12 noon.

Chapter news and announcements follow.

Make Your Reservation AND Meal Choice by NOON MONDAY, April 7th via email or phone call only. NO TEXTS! to Mary Ann Dougherty madod@aol.com or 302-541-9412 if you don't have email.

If you cancel after the deadline (April 7) or do not attend for any reason, you will be billed for the full cost of the luncheon.

IMPORTANT: We cannot take walk-ins. If you send Mary Ann an email or leave her a voicemail, you will receive confirmation from her for your reservation and meal. If you did not receive her confirmation, you do not have a reservation!

Please wear your name badge to the meeting.

President's Corner

Signs of spring abound! Warmer weather and sunshine are present. Miniature yellow daffodils push up through the ground. Lenten roses produce white and purple flowers. Blue hyacinths are popping up. Take a deep breath and smell the crisp air. Take a walk outside with your friends and enjoy the beauty of Spring all around us. Spring holidays are just around the corner. Enjoy every moment of new life. My heart is lifted by new life, and I hope your heart is smiling too. Happy Spring!

Terry Baker, President

Membership

Our current membership (as of March 18, 2025) stands at 385 members! We welcome back four reinstated members and one new member, Debbie Hart; Welcome Debbie!

On another note, there are still 30 members who receive printed, mailed newsletters, and we're very happy we can provide them to our members who aren't able to use email. That said, our chapter incurs a loss on each newsletter's printing and postage. Further, a mailed newsletter may not be received for several days after it is posted on the website, which could present a problem when trying to reserve a spot at the luncheon. If you receive your newsletter via US mail, and can use email, we hope you will reconsider your delivery method.

Reminder: the membership year begins in September and the current (2024-2025) Membership form is available on the Chapter's website. Reach out to your friends and neighbors and encourage them to join us!

Kay Houston, Chair

Legislative/Environmental Committee

Last month we heard from Sheila Grant, Associate State Director of Advocacy for AARP in Delaware. Sheila answered many questions from our members at the luncheon and stayed afterwards for a deeper discussion of issues. For interested members we can join Sheila in Dover at legislative committee hearings to talk to legislators and even make a two-minute public comment at those meetings.

I invite you to join the Legislative Committee and arrange for an opportunity to meet with your own legislators in their office in Dover. Please send an email to me at arcadywood@gmail.com if you're interested in becoming a member of the Committee.

Ted Spickler, Chair

Sunshine

If anyone is in need of a card – get well, surgery or sympathy – please call me at (302) 541-0513.

Joan Wolf, Chair

See page 4 for photos of the Dine and Donate at Fins and Bingo at the Salted Rim!

Scholarship Committee

Thank you to all those who attended our dine and donate fund-raiser on March 12 at Fins Ale House and Raw Bar. The turnout was high! Member Barbara Rosetti won the 50-50 cash raffle with the Scholarship Committee and Barbara each receiving \$250. A percentage of the dining and drink proceeds will be donated by the restaurant to the scholarship fund. We expect that figure in the next couple of weeks.

Remember to volunteer for the Artisans Fair and Farmers Market to be held Saturday, May 24, at Lord Baltimore Elementary School. You can sign up at our monthly luncheon meetings or by calling volunteer coordinator Coleen Cardy at 724-238-3967. Event times are from 9 a.m. to 3 p.m. for the Artisans Fair and 9 a.m. to at least 1 p.m. for the Farmers Market.

We need volunteers to help with parking, be greeters, take lunch orders from exhibitors and deliver the lunches prepared at the food truck, make phone calls to solicit baked goods, help at the baked goods table, help at the Artisans Auction and 50-50 table and help the exhibitors transport their wares. It takes the support of our members to make the Artisans Fair, which is being held for the 15th year, a success. We appreciate your participation.

Ida Crist, Scholarship Chair

Name Badge Update



Magnetic plastic name badges are still available for purchase. **The cost is \$15/badge.** See Kay Houston at the monthly Chapter meeting (at the membership table) or mail your request along with a check to South Coastal DE AARP Chapter #5226, PO Box 225, Ocean View, DE 19970. Be sure that the name on your request is legible.

A magnetic name badge is TOTALLY OPTIONAL. We will continue to provide badges with the plastic sleeve that hang around your neck at no cost to you.

Kay Houston, Chair

Community Service

The Community Service Committee has chosen the "Home of the Brave" in Milford for our member fundraiser at the April luncheon. The [Home of the Brave](#) is a non-profit whose mission is to reduce homelessness among our military veterans. They provide counseling, employment assistance and many other helpful services. I hope you will contribute to help these veterans fulfill their dream of independence. Containers will be on the tables for your donations. Thank you so much.

Please remember to bring food items to the monthly luncheon meetings for the Food Pantry at the Pyle Center. Thank you for your generosity.

Kathy Lesperance, Chair

Nominating Committee News

Our Chapter's Executive Board will have several openings beginning in 2026, two of which are for Secretary and Treasurer. Both positions are important for the smooth running of our large organization. Here is a shortened job description for each:

The Secretary of the Board is responsible for drafting agendas and attending Board meetings which are held the 2nd Tuesday of each month (except July and August). He/she takes attendance notes on discussions and votes the board recommends, as well as distribution of meeting minutes to Board members and Committee chairs. The Secretary maintains print and electronic copies of all Chapter Board minutes and official documents. An assistant to the Secretary can also be voted into place.

The Treasurer of the Board is a vital position responsible for the Chapter checking, Scholarship money market account and CD's. All financial and bank transactions of the Chapter must be prepared and recorded, and records maintained in good order by the Treasurer. In addition, the monthly membership meetings, held at Cripple Creek, are overseen by the Treasurer, including payments for the luncheon and letters to those who are no-shows. Annual Chapter budget preparation and reporting as well as Delaware Franchise Tax Report prep, assorted other duties revolving around Insurance, Fidelity bond and Post Office and Bulk Mailing are also the Treasurer's responsibilities. It is an important job and one that will be shared with Coleen Cardy, the current and future Assistant to the Treasurer, who helps with the Trips committee financials.

We hope there will be many interested among our talented membership who will like being a part of our Chapter's inner workings. These and other opportunities will be posted here as they become known. Please contact anyone on our Board or Nominating Committee if you would like more information or to volunteer, you can reach Terry at 443-752-4513.

Terry Griswold

For the FASTEST and BEST way to ensure you get a copy of the most recent newsletter, visit the Chapter Website on the 4th Tuesday of each month, August – May at: www.southcoastalaarp.org/newsletters. While you're on the website, check out other pages for information on Chapter Activities, Travel opportunities, and more!

Community Service

The Community Service Committee has chosen the "Home of the Brave" in Milford for our member fundraiser at the April luncheon. The [Home of the Brave](#) is a non-profit whose mission is to reduce homelessness among our military veterans. They provide counseling, employment assistance and many other helpful services. I hope you will contribute to help these veterans fulfill their dream of independence. Containers will be on the tables for your donations. Thank you so much.

Please remember to bring food items to the monthly luncheon meetings for the Food Pantry at the Pyle Center. Thank you for your generosity.

Kathy Lesperance, Chair

Chapter Interest Groups Survey

At the January and February luncheons, we invited attendees to complete an interest survey with options to participate in various interest groups. The 60 responses that we received were tallied and some folks volunteered to organize several groups so far.

If you didn't receive a survey and would like a copy, you can send an email to Nancy Archey at nancy.archey@gmail.com. If you don't have email, call Nancy at 703-919-8254. She'll send you a copy to return to her if you have an area(s) of interest. Here's what we have so far:

Bingo with [Sheila](#):

Join your AARP friends for Bingo on the 2nd Monday of each month at [The Salted Rim](#) in Millville. Dinner starts at 5:00p.m., and Bingo begins at 6:00p.m. (Bingo is free to play and there are prizes to win; many of our team have already been winners!) Feel free to join one or both activities on:

- April 14
- May 12
- June 9

Bowling with [Paula](#):

If you selected Bowling from the survey, Paula Pinkett has arranged for \$3.50 per game and \$3.50 for shoes with [Millsboro Bowling Lanes](#). Play time starts at 1p.m. on the last Friday of each month:

- April 25
- May 30
- June 27

Lunch with [Maureen](#):

For those of you who would like to meet for lunch, get in touch with Maureen Eisenhart! Luncheons will be held on the fourth Monday of the month – April 28th for this month. You can email or call Maureen at irishmom08@gmail.com or 302-988-1196.

See the next page for photos of Bingo at the Salted Rim, and the Dine and Donate at Fins.

Dine & Donate at Fins Ale House & Raw Bar and Bingo at the Salted Rim



SOUTH COASTAL AARP #5226 BOWLING FOR 2025

- **Location:** Millsboro Bowling Lanes, 213 Mitchell St., Millsboro, Delaware
- **First Event Date:** Will be held on March 28th at 3:30 PM.
- **Cost:** \$3.50 for shoes. The price will be \$3.50 for each game during the months of September to May. The price will be \$5.50 for each game during the months of June, July and August; however, this is negotiable.
- **Upcoming Dates – Starting at 1:00 PM:** April 25th, May 30th, June 27th, July 25th, August 29th, September 26th, and October 31st
- **Contact:** Paula Pinkett, 302.228.6284 or ppvinkett@gmail.com



SC AARP BINGO Club
Salted Rim Margarita Bar and Grill
35553 Atlantic Ave, Millville
Dinner (\$\$\$) 5:00 PM Bingo (FREE) 6:00 PM

Please join us for our monthly **MONDAY** Bingo nights. Be sure to get these dates on your calendar now!
February 10, 2025
March 10, 2025
April 7, 2025
May 12, 2025
June 9, 2025

If you would like to have dinner come at 5:00. Great food and friends followed by Bingo at 6:00. Free to play and prizes for each game.

See you Monday.
Questions/ Reservations/ Cancellations
Call Sheila 602-688-5300



CHAPTER TRIPS 2025

April 9. Swing the Musical

trip closed to new reservations

Overview:

Swing! is a musical conceived by Paul Kelly with music by various artists. It celebrates the music of the Swing era of jazz (1930s–1946), including many well-known tunes by artists like Duke Ellington, William "Count" Basie, Benny Goodman and others. It received a nomination for the 2000 Tony Award for Best Musical and other Tony awards.

Swing! combines high energy dancing, singing and acrobatics. The show recreates the swing style of jazz, which used large bands, fixed musical arrangements and solo-driven improvisations. Together with the development of the music, various forms of swing dancing emerged, varying by geographic regions, such as the Lindyhop or Jitterbug in Harlem or the Whip in Houston.

Price includes: Round trip motor coach transportation to Hunterdon Hills Playhouse, N.J., show, lunch, tip, taxes and gratuities.

Price: \$156.00 per person

For Reservations Contact: Karl & Gail Hettel, Escorts (610)442-6117 or hark582@gmail.com

May 21, Norfolk Naval Base Cruise & Cape Charles

Overview:

The two-hour Norfolk naval tour departs daily from Nautilus, home of the Battleship Wisconsin. The captain provides an entertaining and fascinating commentary aboard this Coast Guard inspected vessel. Cruising the smooth waters of the Elizabeth River, tour one of the world's busiest seaports including the world's largest naval base, home of the Atlantic Fleet, made up of destroyers, guided missile cruisers, submarines, aircraft carriers and more. Guests enjoy plenty of comfortable seating, an air-conditioned enclosed deck, an open-air shaded upper deck, snack bar and souvenir shop.

After the cruise we will travel to Cape Charles for lunch on your own and free time.

Price includes: Round trip motor coach, boat cruise, tax, tip and gratuities.

Price: \$115.00 per person

For Reservations Contact: Maria Harding (302)381-0980 or maria.aarp5226@gmail.com

Jim Harding (302)245-8511 or james.aarp5226@gmail.com

June 3-6. Lancaster 2025

trip closed to new reservations

Overview:

Come along with us, on a journey through Lancaster's neighborhood and the Amish Countryside. A trip filled with nothing but fun!

Our trip will start with a Tribute to Toby Keith at the Dutch Apple Theater and finish off the day with cocktails at a get acquainted party. The second day you will get up close and personal with alpacas at Eastland Alpaca Farm. We will travel to the historic town of Lititz for lunch and browsing. Then on to Kitchen Kettle Village to shop some more and then finish up our day at the newly rebuilt Hershey Farm Restaurant for a Grand Smorgasbord. The next day we start with our Amish Inland Tour, but the day would not be complete without ice cream from Lapp Valley Creamery. We save the best for last with Bird in Hand Dinner Theater Show; The Rise & Fall of Miss Fannie's Biscuits and these shows are hilarious. Our last day we will travel to Lancaster Central Market for shopping and lunch on your own. You want to make sure you bring a cooler for all your great tasting buys.

Price includes: Round trip motor coach transportation, 3 nights hotel accommodations at the Travelers Rest Motel, 3 breakfasts, 1 lunch, 3 dinners, Lapp Valley Ice Cream, 1 cocktail party, admission to all venues per itinerary, baggage handling and gratuities (bus driver, guides, room housekeeping).

Price: \$644.00 per person based on double occupancy

\$839.00 per person based on single occupancy

For Reservations Contact: Maria Harding (302)381-0980 or maria.aarp5226@gmail.com

Jim Harding (302)245-8511 or james.aarp5226@gmail.com

Aug 30-Sept 6. Cleveland and Mackinac Island

Overview:

Since 1887 the **Grand Hotel** beckons guests to a bygone era of old-world hospitality and charm. Experience the traditions of sitting in a rocking chair on the world's longest porch with views of the Straits of Mackinac. This National Historic Landmark has always embraced its rich history, while keeping with the current times. Upon arrival at the Grand Hotel we will board a **horse-drawn carriage** for a narrated tour of the island. After our tour you will enjoy a **spectacular lunch in the Grand Dining Room**. The **Rock 'n'Roll Hall of Fame** which takes you through the progression of music. How about a one of a kind train ride adventure on the **Cuyahoga Valley Scenic Railroad** through the Cuyahoga Valley Nation Park. We will tour Cleveland's highlights and after enjoy **Cleveland's Food Tour of Little Italy** while enjoying the city's Italian culture that has existed for generations. **Bronner's Christmas Wonderland** is overflowing with 50,000 trims and gifts. You will enjoy the sights, sounds and spirit of Christmas completely surrounds you . We will travel to Dearborn to the **Greenfield Village** before starting home.

Price includes: Round trip motor coach transportation, 7 nights hotel accommodations, 7 breakfasts, 5 dinners, lunch at the Grand Hotel, Cleveland Food Tour of Little Italy, entrance to all listed venues, luggage handling, all taxes and meal gratuities.

Price: \$1,949.00 per person based on double occupancy
\$2,798.00 per person based on single occupancy

For Reservations Contact: Maria Harding (302)381-0980 or maria.aarp5226@gmail.com
Jim Harding (302)245-8511 or james.aarp5226@gmail.com

Oct 4-Oct 11 The Albuquerque International Balloon Fiesta trip closed to new reservations

Overview:

What a Fabulous Trip of the Southwest. Our trip will take us to Downtown Phoenix, AZ and Old Town Scottsdale where you will be immersed in the robust culture of the Southwest, we will travel on to Sedona, AZ & Red Rock Country. The landscape is truly unlike anything you could ever imagine. You will enjoy a Scenic Train Ride and visit the Grand Canyon. While on the train this unforgettable ride you will hear folklore and tales from authentic characters and musicians who bring the Old West to life. We will travel on to Albuquerque, NM. We will hear interactive overview of the History of Hot Air Balloons and enjoy the International Balloon Museum. We will experience the breathtaking ascension of the balloons at sunrise in a special reserved area with seating and buffet breakfast. After we will Travel on to White Sands National Park in Las Cruces where you will be in awe of this hidden gem. We will have a guide everyday on this trip to provide tons of history and fun stories.

Price Includes: Round-trip airfare, 7 nights hotel accommodations, 7 breakfast, 2 dinners, guide service everyday, visit and tour Phoenix, Scottsdale and Sedona. Native American jewelry shopping, see the Red Rocks, Grand Canyon Train Experience, Admission to the International Balloon Museum, Admission to the Balloon Fiesta including exclusive entrance to A VIP Viewing Area that includes outdoor seating and buffet breakfast. Visit Las Cruces, tour White Sands National Park, Standard taxes, meal gratuities, baggage handling, motor coach transportation to and from the airport with 40+ passengers, and motor coach transportation while on trip west.

Price: \$3299.00 pp based on double occupancy
\$4399.00 pp based on single occupancy

For Reservations contact: Maria Harding, Escort (302)381-0980 or Jim Harding, Escort (302)245-8511

Disclaimer

These tours are a project of and are offered to the South Coastal Delaware Chapter #5226 of AARP. The Chapter and any agent it may use in arranging these or any other tours are not responsible in whole or in part to the tour member for any loss, damage, or injury, whether financial or otherwise to persons or property, however caused during or in connection with these or any other tours. These tours are activities conducted by South Coastal DE AARP #5226 and are in no way offered, sponsored, or conducted by AARP, which has no responsibility in connection with such tours.

TRIP RULES

- **No refunds for payments can be given unless a substitution can be made. If the trip is cancelled by the Tour Committee full refund will be provided to all paid participants.**
- To cancel a trip 48 hours or less before departure call trip coordinator listed on flyer
- Price subject to change if the price of diesel fuel increases by more than 20% after original contract with bus company
- Overnight trips seating will be assigned when initial payment is received
- Travel Protection Insurance is offered for all overnight trips