



Coastal News

To Serve Not To Be Served

South Coastal Delaware Chapter #5226
of AARP, Inc.

P. O. Box 225, Ocean View, DE 19970

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February 2018

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Andrea Gowetski	2018-2019	541-4751
Sandra McGrath	2018-2019	537-7709

COMMITTEE CHAIRPERSONS

Community Service	Kathy Lesperance	537-7845
Legislative/Environmental	Chuck Schonder	703-881-2491
Membership	Dottie Rieck	539-2654
Scholarship	Shirley Price	236-7046
	Ida Crist	732-6336
Tours	Jim Harding	537-5206

OTHER ACTIVITIES

Chorus	Ann Jaeger	436-5173
Hostess/Luncheon	Roberta Shoff	539-6952
Newsletter	Andrea Gowetski	541-4751
Sunshine	Joan Wolf	541-0513
50/50	Joan Wolf/ Velma (Cookie) Butts	541-0513 541-9264

THE PRESIDENT'S MESSAGE

I hope you are in good health and spirits as we begin 2018. In this new year, we hope to improve on our 2017 outcomes, increase our membership and continue our goals of providing the best service to our community and chapter. We see the keys to our success are a growing membership which will provide us with future leaders in our Chapter. We are looking forward for everyone to share their talents by becoming more involved in community affairs and volunteering for chapter activities. See the list of opportunities to the left of this message.

The new year causes us to reflect and make more resolutions to improve our lives. My wish is that we all stand tall and make our voices heard as valued Chapter members. Step up and suggest ideas on how we can improve the lives of other, individually or collectively as a Chapter.

The officers and board members of your Chapter do their best to manage your affairs in a conservative, responsible manner, with an eye toward Chapter quality and longevity.

Our next milestone anniversary may be years away, but we are confident, with your help, that the South Coastal Delaware Chapter #5226 will be well positioned to be stronger in the future.

See you on February 20 at our general meeting at Cripple Creek Golf and Country Club. Happy Valentine's Day, Groundhog Day and President's Day to everyone.

Chris

LEARN MORE ABOUT EYE DISEASE?

Come join us on **February 20** at Cripple Creek Golf and Country Club to hear Dr. Todd Bescak, DO, a physician surgeon with Chesapeake Eye Center. While his primary areas of interest are cataracts, Lasik, glaucoma and diabetic eye disease, Dr. Bescak will be discussing these and macular degeneration at our luncheon.

Dr. Bescak has offices in both Berlin and Salisbury. He joined Chesapeake Eye Center 10 years ago after completing his residency at Ohio State University in Columbus and medical school at Midwestern University in Chicago. We are sure you will find Dr. Bescak's presentation both interesting and informative.

Please remember to wear your name tag to the luncheon/meeting. If you do not have a name tag, contact Linda Miller (236-5570).

LUNCHEON CHOICES:

Chicken Parmesan - with a side of linguine and toasted garlic bread.

OR

Soup and Sandwich Combo - 1/2 of a club sandwich wrap including ham, turkey, bacon, lettuce, and mayonnaise with a cup of loaded baked potato soup.

OR

Harvest Salad - organic mixed greens, bacon, apple, candied pecans, goat cheese and a maple-mustard vinaigrette dressing.

Beverages include Ice Tea, Lemonade, Coffee, and Water. Dessert will feature Red Velvet Cake.

Doors open at **11 AM** for social hour with lunch at **12 Noon** followed by the program and chapter news and announcements. **Cost: \$16 members and \$17 guests.**

Members may make their lunch reservations by calling **Allys Macken 914-819-2992**, or **Mary Ann Dougherty, 541-9412** or madod@aol.com by **noon, Wednesday, February 14**. To cancel after the deadline, please contact **Linda Miller** at **236-5570**.

COMMITTEE ACTIVITIES

Legislative/Environmental -Chuck Schonder

Upcoming Events

2/6 – South Coastal/AARP Legislative Committee Meeting – South Coastal Library – noon – All guests welcome. For more information – scshonder3@gmail.com.

2/14 – Sussex County Comprehensive Plan Workshop/Hearing – 10 AM – County Council Chambers.

2/28 – Sussex County Comprehensive Plan workshop/Hearing – 10 AM – County Council Chambers.

3/7 – AARP Lobby Day – 9 AM – Dover – Legislative Hall – Meet your Representative and Senator.

Why Our Chapter Issues Survey?

In order to develop our Chapter Legislative agenda, we need to establish the top three priorities of our membership. The Legislative Committee will tabulate the results of the survey. According to the Chapter Handbook, our Board of Directors will vote on the Legislative agenda. The Legislative Committee will then have the authority to pursue these issues on behalf of the Chapter. As issues come up throughout the year, the Legislative Committee will engage on the top three issues, as established by survey results, that members most care about.

Environmental

January was very productive for the Friends of Holts Landing State Park. The Trail Team HQ was refurbished in Navaho White. Trail Day saw Scout Troop 281 of Ocean View join in the trail maintenance. Will Douds, an Eagle Scout Candidate from Troop 281, unveiled his project at the park – new 8 foot by 4 foot welcome sign. Next Trail Day will be 2/10/18 at 9 AM at Trail Team HQ – all are welcome, coffee and donuts provided.

Membership – Dottie Rieck

We welcome new members Ruth Alexander, Gail Beynon, Marilyn Chaney, Donald Rogers, Andy Salathe, Claire & Roy Schrupf, and Sandra Watkins. Our current membership is **448**.

If you are having trouble receiving your newsletter by email or U.S. Mail, please contact me. I can be reached by phone at 302-539-2654 or by email at Rieck5226@aol.com.

Please send any checks to renew your membership or to join our chapter to Dottie Rieck, PO Box 286, Bethany Beach, DE 19930.

Community Service - Kathy Lesperance

The Community Service Committee would like to thank everyone who contributed to the "Gifts for Seniors". It was a great success. With your generosity of over 200 items, seniors who receive meals on Christmas day also received a gift. You made it a special day for them.

You contributions to the food pantry at the Pyle Center increased from last year. We donated 896 items in 2017 as compared to 553 in 2016. Our members are wonderful!

In February our committee will be placing a jar by the membership table to collect money for the seniors at the Pyle Center. Whatever we collect through the end of April will be distributed in the form of gift certificates to those individuals.

Food Bank: We are still in need of food for the food pantry. These contributions of non-perishable items are needed to help many needy families in our area stretch their food dollars. Please check the dates and bring **unexpired** items to each chapter meeting.

Coupons for Military Families: Please bring your clipped, **unexpired** coupons (good for 90 days after expiration) to the chapter meeting. Be sure **not** to clip off the **bar code** and **expiration date**. Please sort according to food and non-food items. Mary is also collecting cereal box top coupons.

Blood Bank: To schedule an appointment call **1-888-825-6638** or schedule on line at **www.delmarvablood.org**. Check for locations in Sussex County on the web site.

Scholarship - Ida Crist & Shirley Price

The Scholarship Committee will increase the number of scholarships it gives each year to Indian River High School (IRHS) students from two to three. The scholarships are \$1,500 each and are awarded to IRHS seniors who demonstrate academic achievement, exceptional participation in community, school and work activities, and who write a compelling essay on their goals and the attributes and accomplishments that set them apart to achieve their goals.

Since 2008, the Chapter, through its Scholarship Committee, has given \$26,000 to IRHS students

and another \$10,000 to students at Delaware Technical and Community College.

If you know a IRHS senior who plans to attend college or a Del Tech student 25 or older, please encourage them to apply for the scholarships. The scholarship applications are available from the schools' guidance counselors.

CHAPTER ACTIVITIES

Chorus - Ann Jaeger

The chorus will begin practicing for its spring concert season on Wednesday February 7 at the South Coastal Library in Bethany Beach. Practice is from 10 AM to noon. We would love to have some new members this session and now is the best time to join. We will all be learning the music together. We do everything from classical to popular, folk to hymns. If you enjoy singing any kind of music, here is the group you should be with! Contact Ann Jaeger, our director, at 302-436-5173.

Driver's Safety Classes - Joan King

Classes include both a Standard Class for those who are enrolling for the first time and a Refresher Class for those who have previously completed the Standard Class.

Refresher classes are for those who have previously taken the Standard Driver's Class. You must take the Refresher Class every three (3) years to continue to receive a discount on your auto liability insurance. The State is now mandating that you cannot take the Refresher Class prior to 90 days expiration of your current certificate.

2/9/2018 - Standard Class, 6 hours. Community Lutheran Church, Omar Road, Frankford

2/14/2018 - Refresher Class, 4 hours. South Coastal Library, Bethany Beach

3/9/2018 - Refresher Class, 4 hours. Community Lutheran Church, Omar Road, Frankford

Call Joan King at **239-567-0606** to register.

The cost is \$15 for AARP members and \$20 for non-members.

AARP Sponsored Book Club

Due to the snowstorm in January, we will be discussing two books on Thursday, February 1 at 10:30 AM at the Coastal Library. La Rose by Louise Erdrich and Moonglow by Michael Chabon.

Scrabble - Ida Crist

The AARP Scrabble team plays the word game with residents at Brandywine Senior Living in Selbyville (across from Harris Teeter on Rt. 54) twice a month. Generally the dates are the second and fourth Tuesday of the month from 1:30 to 4 PM. However, occasionally dates are changed because of conflicts with Brandywine's schedule. If you are interested in participating, contact Ida Crist at **302-732-6336**.

NO-COST INCOME TAX RETURNS

Again this year, the AARP Tax-Aide program will offer free tax return assistance and preparation to taxpayers with low and moderate incomes, with special attention to those 50 and older. Taxpayers do not need to be members of AARP to use this service. In the Bethany Beach area, the service will be offered by appointment at the Masterson Center, St. Ann Catholic Church, Route 26, Monday through Wednesday, beginning February 5. Appointments will be from 9 AM until 1 PM. The phone number to call to make an appointment, starting January 15, will be [302-858-3575](tel:302-858-3575).

At the time of their appointment, taxpayers must present photo ID, must have proof of SSN for every individual to be named on the return, and must bring last year's (2016) Federal and State tax returns. All tax documents, including income statements, proof of deductions and credits (when applicable), and health insurance statements, should be removed from their envelopes and made available to the preparer. A taxpayer who may be able to itemize deductions should bring a summary of the expenses to be itemized along with supporting documentation.

For information about other Tax-Aide locations in this area, call the toll-free number, 1-888-AARP NOW ([1-888-227-7669](tel:1-888-227-7669)), or visit the AARP Web site at www.aarp.org/findtaxhelp.

WE DO VOLUNTEER

The total volunteer hours gathered from our annual AAAP Chapter Census & Activities Report are as follows:

AARP Driver Safety	1,632
AARP Foundation Tax-Aide	180
Hunger	250
Advocacy	400
Education/Scholarship	975
Health & Wellness	12,204
Fundraising for Community Service	4,546
Long-term care/ Nursing Support	10
All other	<u>12,204</u>
TOTAL	32,401

Thank you for volunteering!

Volunteering provides many benefits to both mental and physical health. Volunteering helps counteract the effects of stress, anger, and anxiety. The social aspects of helping and working with others can have a profound effect on your overall psychological well-being.

Volunteering helps the community by enabling organizations to provide food, shelter, and services for the less fortunate.

CHAPTER TRIPS

2018

March 21

Newsies - Broadway Musical at the Toby's Dinner Theatre

Musical based on the real-life Newsboy Strike of 1899. Disney's musical tells the story of Jack Kelly, a rebellious newsboy who dreams of a life as an artist away from the big city. After publishing giant Joseph Pulitzer raises newspaper prices at the newsboys' expense, Kelly and his fellow newsies take action. With help from the beautiful female reporter Katherine Plumber, all of New York City soon recognizes the power of "the little man." **Price includes:** motor coach transportation, show, dinner, tips, and gratuities.

Price \$92.00 per person

OPEN TO EVERYONE

April 22

Steel Magnolias- Broadway Play at Hunterdon Hills Playhouse

A young beautician, newly arrived in a small Louisiana town, finds work at the local salon, where a small group of women share a close bond of friendship and welcome her into the fold. **Price includes:** motor coach transportation, show, lunch tips and gratuities.

Price \$125.00 per person

OPEN TO EVERYONE

May 9

Jesus-Sight & Sound

Sight & Sound Theatres invites you to experience the greatest rescue story of all time! Jesus is the action-packed musical stage adventure that takes you on a miraculous journey alongside the most famous person to ever walk the earth, and the everyday people whose lives he changed forever. Bus leaves Giant parking lot 9:30 AM. **Price includes:** show, motor coach, dinner at Miller's Smorgasbord, tax and gratuities.

Price: \$133 per person

WAIT LIST ONLY

June 3-9

Mackinac Island, Michigan June is Lilac Time on Mackinac Island

Hydro jet ferry ride to Mackinac Island. Enjoy beautiful Mackinac Island and stay one night at the Grand Hotel on Mackinac Island, Carriage Tour of Mackinac Island, Championship lumberjack show, Great Lakes Shipwreck Museum, Soo Locks Boat Tour, Henry Ford Museum, and Tour of Frankenmuth. **Price includes:** breakfast, lunch and 5 course dinner at the Mackinac Grand Hotel, 6 Breakfasts, 4 dinners, motor coach transportation, baggage handling, taxes, gratuities, admission to all scheduled sightseeing per itinerary, and hotel accommodations.

Price: \$1359 per person based on double occupancy

\$1834 per person based on single occupancy **WAIT LIST ONLY**

Sept 19-

Sept 21

Flight 93 National Memorial

Explore three major disasters of Pennsylvania. Visit United Airlines Flight 93 crash site and visitor center to view a film, Quecreek Mine dedicated to miners trapped 240 feet underground, Johnstown Flood National Memorial learn about the flood of May 31, 1889, Altoona Railroader's museum, Take a train ride on "The Pennsylvania" and travel on the famed Horseshoe Curve, The Mountain Playhouse the oldest theater in PA where we will take in a comedy. **Price includes:** admission to all scheduled sightseeing per itinerary, train trip, motor coach transportation, tips, and gratuities, 5 meals (2 breakfast, 1 lunch, 2 dinners), and hotel accommodations.

Price: \$450 per person based on double occupancy

\$560 per person based on single occupancy **OPEN TO EVERYONE**

2019

April 24-

May 2

Uniquely Southern

This wonderful tour heads south for a second time. Our travels take us to Nags Head, and the Outer Banks to the Wright Brothers Museum learning about early travels. New Bern and a guided tour of Tryon Governors Palace, gardens, historic homes then enjoy an ice cream float at the birthplace of Pepsi. As we continue our travels south we stop in Beaufort, South Carolina for guided tours of Parris Island, Santa Elena Archeological Site and Museum, Low Country and Gullah Community Heritage Tour. Finishing up our wonderful tour in beautiful Jekyll Island where we will stay at the famous Jekyll Island Club. While on Jekyll Island we will take a guided tour to St. Simon, Fort Frederica National Monument, Christ Church, St. Simons Lighthouse and Keeper's Cottage. If that's not enough we will also take a guided ferry ride to the beautiful island of Sapelo and the famous RJ Reynolds Mansion. Here we tour Sapelo and have a wonderful hot southern meal in the Reynolds Mansion before returning back to the Jekyll Island on our ferry. Our last night on Jekyll Island we will gather for a spectacular dinner in the Grand Dining Room followed with beautiful views on the veranda while enjoying a cocktail party. As we start for home we will make one special stop at the famous Firefly Distillery of Charleston for a little

relaxing and tastings. **Price includes:** 8 full breakfasts, 4 lunches, 4 dinners, motor coach transportation, baggage handling where available, taxes, gratuities, admission to all scheduled sightseeing per itinerary, and hotel accommodations.

Price: \$1759.00 per person based on double occupancy

\$2,529.00 per person based on single occupancy

Bus seating will be based on the time of deposit

NEW

FOR MORE DETAILS ON THE ABOVE OFFERS GO TO: www.southcoastalaarp.org

Disclaimer

These tours are a project of and are offered to the South Coastal Delaware Chapter #5226 of AARP. The chapter and any agent it may use in arranging these or any other tours are not responsible in whole or in part to the tour member for any loss, damage, or injury, whether financial or otherwise to persons or property, however caused during or in connection with these or any other tours. These tours are activities conducted by South Coastal DE AARP #5226 and are in no way offered, sponsored, or conducted by AARP, which has no responsibility in connection with such tours.

Trip Reservations:

To make a reservation for any trip contact Jim or Maria Harding, (302)537-5206 or email jameshrdq@yahoo.com Make checks payable to: South Coastal AARP #5226 and send to South Coastal AARP Tour Committee, PO Box 662, Ocean View, DE 19970. Please submit a check for each trip you sign up for. Note on the check what trip the check is to be applied to. If you are paying for more than 1 person please make note on the check. We can no longer accept one check for multiple trips.

Trip Rules

Day Trips

- Payment is preferred at time of registration and must be made no later than 30 days after registration
- Reservations made within 30 days of scheduled trip must be paid at time of registration
- No refunds for payments can be given unless a substitution can be made. If a trip is cancelled by the Tour Committee, full refunds will be provided to all paid participants.
- To cancel a trip 48 hours or less before departure, contact Jim Harding (302)537-5206
- No alcoholic beverages are allowed on buses during chapter-sponsored trips
- Price subject to change: If the price of diesel fuel increases by more than 20% between the date of the contract with Bus Company and the date of the charter, the Tour Committee may charge a fuel surcharge to participants.

Overnight Trips

- All overnight trips use a voucher system for the payment fee and a payment schedule.
- If Cancellation after the **final payment date** is necessary we will try to fill the spot with someone from our wait list. After that has been exhausted member has the option then and only then to replace the reservation with interested party of their choice.
- Cancellation Insurance is offered for all overnight trips. If cancellation is necessary and we cannot fill that seat after the **final payment date** member will submit claim to the insurance carrier for their reimbursement refund.
- Cancellation without insurance after the **final payment date**-no refunds will be given unless we can replace your reservation as stated above.
- Cancellation prior to the **final payment date** as stated on the voucher will be refunded.

Please Note

We now offer three possible ways to notify you of our upcoming trips. Once these notices are sent you have the option to book the trip being offered. .

- Broadcast emails sent out to all members supplying their emails
- General Meeting/Luncheon
- Newsletter

February 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 AARP Book Club South Coastal Library - 10:30 A.M.	2	3
4	5	6 Tour Committee 10:30 a.m. South Coastal Library Community Service Meeting 10:30 a.m. South Coastal Library Legislative Committee -12 noon South Coastal Library	7 Chorus Practice South Coastal Library 10 a.m.	8	9 Driver's Standard Safety Class	10
11 Jan 27-Feb 11 Back-to-Back Southern Caribbean Cruise	12	13 AARP Board Meeting 10:10 a.m. South Coastal Library	14 Chorus Practice South Coastal Library 10 a.m. Deadline - Luncheon Reservations/ Cancellations 12 noon Drivers Safety Refresher Class <i>Happy Valentine's Day</i>	15	16	17
18	19 	20 Chapter Luncheon - 12 noon Meeting 1 p.m. Cripple Creek Country Club	21 Chorus Practice South Coastal Library 10 a.m.	22	23	24
25	26	27	28 Chorus Practice South Coastal Library 10 a.m.			