



# Coastal News

To Serve Not To Be Served

South Coastal Delaware Chapter #5226  
of AARP, Inc.

P. O. Box 225, Ocean View, DE 19970

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Sharon Tweedie	2016-2018	541-5462
Maureen Eisenhart	2017-2019	988-1196
Jack Beall	2018-2019	616-1695
John Macken	2018-2020	914-522-9309
Lucille Kurtz	Past President Advisor	914-329-9038

## NOMINATING COMMITTEE

Jeanne Hammel	2017-2018	436-2504
Chuck Schonder	2017-2018	703-881-2491
Andrea Gowetski	2018-2019	541-4751
Sandra McGrath	2018-2019	537-7709

## COMMITTEE CHAIRPERSONS

Community Service	Kathy Lesperance	537-7845
Legislative/Environmental	Chuck Schonder	703-881-2491
Membership	Dottie Rieck	539-2654
Scholarship	Shirley Price	236-7046
	Ida Crist	732-6336
Tours	Jim Harding	537-5206
Web Coordinator	Frances Hart	703-801-7216
Chorus	Ann Jaeger	436-5173
Hostess/Luncheon	Roberta Shoff	539-6952
Newsletter	Andrea Gowetski	541-4751
Sunshine	Joan Wolf	541-0513
50/50	Joan Wolf/ Velma (Cookie) Butts	541-0513 541-9264

## THE PRESIDENT'S MESSAGE

Greetings! I hope you are doing well as we approach the midpoint of 2018 and as we near Memorial Day, a day of special meaning, a day of remembrance and reflection. Memorial Day is observed every year on the last Monday of the month of May. It also marks the unofficial start of the Summer season.

In the late Spring and early Summer during the early years of this nation, many families and especially women would decorate family grave sites, of those family members who died in a war, with plants and flowers. As the practice increased in popularity, it became known as "Decoration Day". The name "Decoration Day" lasted until after World War II.

Although many towns in many states claim they were the very first Memorial Day, it was determined that Waterloo, New York was in fact the very first to celebrate Memorial Day. In 1966, President Johnson signed a proclamation naming Waterloo as the original Memorial Day site. Congress then followed making the last Monday in May the official day.

On another matter, we can still use your assistance in volunteering as Executive Board Members, Officers, Committee Chairpersons. Please contact our Nominating Chairperson, Sandra McGrath 302-537-7709 for further information. This is **YOUR** organization. We need you to step up to the plate with your support and participation. If you wish to do something but don't have a clue as to how you can help, let us know and maybe we may be able to find an area where you can be of service.

In closing, Helen and I wish everyone a safe and happy Memorial Day. If traveling that weekend or anytime, please drive carefully.

Chris

## LOVE ANIMALS? LOVE THE ZOO?

The Salisbury, Maryland Zoo will come to us on June 19 at the Cripple Creek Golf and Country Club. We will enjoy a lively **Zoo2U** presentation of three "Education Animal Ambassadors". We are hoping for a bird, a mammal and an amphibian. The zoo educators will tell us about each animal's natural habitat, any adaptations that it has, it's diet, and any conservation issues.

The Zoo was founded in 1954 and encompasses 12 acres and over 100 animals. Most of the species are from North America, South America and Australia and are housed in naturalistic enclosures. Have any questions about the zoo and it's other animals? Bring them with you. The Salisbury Zoo is a wonderful park-like place to visit, has free admission and convenient parking ensuring a lovely day out.

**Please remember to wear your name tag to the luncheon/meeting. If you do not have a name tag, contact Linda Miller (236-5570).**

### LUNCHEON CHOICES:

**Fried Chicken Platter** - With a side of potato salad and a potato roll.

**OR**

**Cheeseburger Wrap** - Melted American cheese, chopped lettuce, diced tomatoes, fried onions and mayonnaise. Served with battered French fries.

**OR**

**Honey Mustard Chicken, Bacon and Avocado Salad** - Marinated chicken, chopped romaine, applewood bacon, cherry tomatoes, diced avocado, fresh corn, sliced red onions with Dijon honey mustard dressing

Beverages include Ice Tea, Lemonade, Coffee, and Water. Dessert will consist of plates of assorted cookies.

**Doors open at 11 AM for social hour with lunch at 12 Noon** followed by the program and chapter news and announcements. **Cost: \$16 members and \$17 guests.**

Members may make their lunch reservations by calling **Allys Macken 914-819-2992**, or **Mary Ann Dougherty, 541-9412** or [madod@aol.com](mailto:madod@aol.com) by **noon, Wednesday, June 13**. To cancel after the deadline, please contact **Linda Miller** at **236-5570**.

## COMMITTEE ACTIVITIES

### Legislative/Environmental -Chuck Schonder

#### **HB348 Grandfathered Seniors with 3 years residency by 1/1/18 for the Senior Property Tax Credit!**

I want to thank those who joined us for our second annual AARP Day at Legislative Hall and presented our legislation to Sussex County Legislators. Your work has already made a difference in the lives of fellow seniors in Sussex County. We accomplished one of our two legislative goals, thanks to your help. We can't stop now. Our other legislation Share the Care Act which allows home health aides to administer medication in the house as forty other states allow is in the draft stage and will be introduced as a bill soon. You can join us to help family care givers reduce their costs and keep their love ones at home out of institutions. Join us when we call for you to contact your legislator to pass the Share the Care Act and help the family caregivers.

#### **4/19/18 – AARP Day at the Legislative Hall**

South Coastal AARP Lobbyists had an excellent day!! We started with a briefing by Sheila Grant, AARP Delaware Associate Director for Advocacy, in the largest meeting room on the first floor of the Governor's Building (with pastries). We later took over the House Chamber for an Awards Ceremony for last year's sponsors of our successful Care Act. Later in the day, Mary Louise Embrey again gave testimony for our new legislation in a private session with the Governor. We took a lunch break in the legislators' cafeteria, compliments of state AARP.

Our four teams of lobbyists then spread out to our assigned Sussex County Legislators with our personal testimony. We were very well received by our legislators, who, in many cases expressed their support for our new Share the Care Act and our Amendment to House Bill 268, The Senior Property Tax Credit amendment, which would leave the residency requirement of three years unchanged.

#### **4/22 – 4/25/18 AARP National Advocacy Summit – Washington D.C.**

Approximately 350 AARP leaders from across the country attended the summit. There were two

groups – the first group was composed of State Presidents and State Directors brought in to lobby Congress on the (SNAP) Supplemental Nutrition Assistance Program. The second group composed of approximately 150 Associate Directors for Advocacy, including (Del – Sheila Grant) and myself, attended six 75-minute break out sessions designed to share ideas and get to know national staff. Our Delaware delegation was made up of our state president, Associate Director, Sheila Grant; Associate Director, Carlos de los Ramos; and Chuck Schonder. Our national organization is moving away from the one-size-fits-all approach. The state level is being recognized as a collaborative network to develop and deliver programs that reflect the needs and concerns of local audiences.

### Upcoming Events

**6/5/18** – Noon - Legislative Committee meeting – South Coastal Library – Room A

**6/5/18** – 10:30 AM – Clean Water Rally – Legislative Hall

**6/19/18** – 6:30 PM – free Tuesday Night Concert – Smilin’ Drake - Holts Landing State Park (bring a chair)

**6/26/18** – 6 PM - free Family Fun Night & Concert – Sara Ann Garrison - Holts Landing State Park (bring a chair) Scout Troop 281, Ocean View, will provide grilled food

### Membership – Dottie Rieck

We welcome new members Allen Allenspach, Annlynn Ayers, Cathy Cassot, Dan & Diana Cowell, Joe & Carol Deardorff, John Insolera, Gene & Liz Speicher, and Ray Wiblin.

Our membership stands at **500**.

The newsletter is mailed and emailed the fourth Tuesday of the month. If you have any questions or have trouble receiving your newsletter, please contact me by phone at 302-539-2654 or by email at [rieck5226@aol.com](mailto:rieck5226@aol.com).

A reminder that there is only one meeting left in this membership year. Therefore, if a new member signs up or a current member renews in May through August, their membership will run through August 2019. The official membership year runs from September 1 to August 31.

### Community Service - Kathy Lesperance

The Community Service Committee would like to thank the AARP members who contributed towards the Roxana Cheer Center. A check for \$320.33 will be used for gift certificates for their members.

Food Bank: We are still in need of food for the food pantry. These contributions of non-perishable items are needed to help many needy families in our area stretch their food dollars. Please check the dates and bring **unexpired** items to each chapter meeting.

Coupons for Military Families: Please bring your clipped, **unexpired** coupons (good for 90 days after expiration) to the chapter meeting. Be sure **not** to clip off the **bar code** and **expiration date**. Please sort according to food and non-food items. Mary Hughes is also collecting cereal box top coupons.

Blood Bank: To schedule an appointment call **1-888-825-6638** or schedule on line at [www.delmarvablood.org](http://www.delmarvablood.org). Check for locations in Sussex County on the web site.

### Scholarship - Ida Crist & Shirley Price

For the first time South Coastal DE AARP gave three \$1,500 to three seniors at Indian River High School (IRHS). The winners were announced at an awards ceremony at the school May 23. This was one more scholarship than last year.

The winners are Priya Patel, Samantha Whelen and Kennedy Butch.

Priya’s goal is to be a physician; Samantha’s goal is to be an elementary school teacher; and Kennedy’s goal is to enter the medical field. Priya and Kennedy will attend the University of Delaware in the fall. The U of D is one of four schools that Samantha is considering.

Each year the Scholarship Committee awards scholarships to IRHS students based on academic record, participation in extracurricular activities and an essay about short-term and long-term goals.

In addition, this year we will give three scholarships to Delaware Technical and Community College adult students who are 25 and older. Two of those scholarships go to nursing students. The school will choose the recipients of those awards, which they will announce at a later date.

Thank you to those members who helped evaluate the IRHS student applications.

## CHAPTER ACTIVITIES

### 11<sup>TH</sup> ANNUAL ARTISANS FAIR MAY 26

Don't forget the date, Saturday, May 26, from 9 AM – 3 PM at Lord Baltimore Elementary School.

Volunteers needed to help set up from 4 to 6 PM. on Friday, May 25, at the school and to disassemble the show from 3 to 4 PM on Saturday, the day of the Fair. A lot of hands make light work.

Calling all bakers: please bring sweets for our baked goods sale on Saturday between 7 and 8:30 AM.

Cakes and pies preferred. If you have questions, call Sandra McGrath at 302-597-7709

### Chorus - Ann Jaeger

The AARP Chorus is planning a concert for the community and guests on June 7 at 3 PM at the South Coastal Library in Bethany Beach. We would love to have the support of our local chapter, since you are our sponsors!

### Driver's Safety Classes - Joan King

Classes include both a Standard Class for those who are enrolling for the first time and a Refresher Class for those who have previously completed the Standard Class.

You must take the Refresher Class every three (3) years to continue to receive a discount on your auto liability insurance. The State is now mandating that you cannot take the Refresher Class prior to 90 days expiration of your current certificate. The next scheduled classes are: **6/8/2018** - Refresher Class, 9 AM to 1 PM., Community Lutheran Church, Omar Road, Frankford. To register call Joan King at **(239) 567-0606**.

Information about classes available at other southeast Delaware locations can be found at

## CarFit for Older Drivers

**CarFit** is an educational program sponsored by AAA, AARP, and AOTA that offers older adults the opportunity to check how well their personal vehicles fit them. The CarFit program also provides information and materials on community-specific resources that could enhance their safety as drivers, and/or increase their mobility in the community.

Older drivers are often the safest drivers in that they are more likely to wear their seatbelts, and less likely to speed or drink and drive. However, older drivers are more likely to be killed or seriously injured when a crash does occur due to the greater fragility of their aging bodies.

Driver safety programs improve adult driver safety by addressing cognitive abilities and skills; however, older drivers can also improve their safety by ensuring their cars are properly adjusted for them. A proper fit in one's car can greatly increase not only the driver's safety but also the safety of others.

Three quick examples underscore the importance of road safety to the CarFit program, which reviews twelve key areas of the driver's fit to the personal vehicle.

**Example one:** Knowing how to properly adjust one's mirrors can greatly minimize blind spots for drivers who may wish to change lanes.

**Example two:** Good foot positioning on the gas and brake pedals is important. If the driver is reaching with his or her toes to press on the pedals, it can cause fatigue in one's leg and also slow reaction times.

**Example three:** Drivers run a risk of serious injury if they are sitting closer than 10 inches to the steering wheel.

At a CarFit event, a team of trained technicians and/or health professionals work with each participant to ensure they "fit" their vehicle properly for maximum comfort and safety. A CarFit check takes approximately 20 minutes to complete

## CHAPTER TRIPS

2018

Sept 19-  
Sept 21

### Flight 93 National Memorial

Explore three major disasters of Pennsylvania. Visit United Airlines Flight 93 crash site and visitor center to view a film, Quecreek Mine dedicated to miners trapped 240 feet underground, Johnstown Flood National Memorial learn about the flood of May 31, 1889, Altoona Railroader's museum, Take a train ride on "The Pennsylvania" and travel on the famed Horseshoe Curve, The Mountain Playhouse the oldest theater in PA where we will take in a comedy. **Price includes:** admission to all scheduled sightseeing per itinerary, train trip, motor coach transportation, tips, and gratuities, 5 meals (2 breakfast, 1 lunch, 2 dinners), and hotel accommodations.

**Price: \$450 per person based on double occupancy**

**\$560 per person based on single occupancy**    **OPEN TO EVERYONE**

Oct 9

### Root's Country Market & Auction

Root's Market, home of the oldest family run country market in Lancaster County, PA. Root's offers fresh food and a wide variety of items for sale. Every Tuesday Root's Market features a produce auction as well as fresh meats, deli, baker's items, flowers, handmade crafts, antiques, collectibles and household items from over 200 stand holders. Bring your coolers and shop till you drop. Root's Market has something for everyone. Price includes: motor coach transportation, dinner and gratuities.

**Price: \$69.00 per person.**

**OPEN TO EVERYONE**

NEW

Dec 6 - 7

### Moravian Christmas in Bethlehem

Bethlehem is a city rich in history. The town offers a free trolley to get you around town to the historic Moravian District, the Bethlehem Steel plant art and cultural campus, and Christkindlmarket. Enjoy a private seated wine tasting at Clover Hill Winery. Try your luck at the Sands Casino where you will be given \$30 free play. Price includes 1 night at the Hampton Inn in Bethlehem, deluxe motor coach transportation, taxes, gratuities, 1 breakfast, wine tasting and tour of winery, entrance to Christkindlmarket, and \$30 free play at casino.

**Price: \$150 per person based on double occupancy**

**\$210 per person based on single occupancy.**

**OPEN TO EVERYONE**

2019

April 24-  
May 2

### Uniquely Southern

This wonderful tour heads south for a second time. Our travels take us to Nags Head, and the Outer Banks to the Wright Brothers Museum learning about early travels. New Bern and a guided tour of Tryon Governors Palace, gardens, historic homes then enjoy an ice cream float at the birthplace of Pepsi. As we continue our travels south we stop in Beaufort, South Carolina for guided tours of Parris Island, Santa Elena Archeological Site and Museum, Low Country and Gullah Community Heritage Tour. Finishing up our wonderful tour in beautiful Jekyll Island where we will stay at the famous Jekyll Island Club. While on Jekyll Island we will take a guided tour to St. Simon, Fort Frederica National Monument, Christ Church, St. Simons Lighthouse and Keeper's Cottage. If that's not enough we will also take a guided ferry ride to the beautiful island of Sapelo and the famous RJ Reynolds Mansion. Here we tour Sapelo and have a wonderful hot southern meal in the Reynolds Mansion before returning back to Jekyll Island on our ferry. Our last night on Jekyll Island we will gather for a spectacular dinner in the Grand Dining Room followed with beautiful views on the veranda while enjoying a cocktail party. As we start for home we will make one special stop at the famous Firefly Distillery of Charleston for a little relaxing and tastings.

**Price includes:** 8 full breakfasts, 4 lunches, 4 dinners, motor coach transportation, baggage handling where available, taxes, gratuities, admission to all scheduled sightseeing per itinerary, and hotel accommodations.

**Price: \$1759.00 per person based on double occupancy**

**\$2,529.00 per person based on single occupancy**

**Bus seating will be based on the time of deposit**

**WAIT LIST ONLY**

FOR MORE DETAILS ON THE ABOVE OFFERS GO TO: [www.southcoastalaarp.org](http://www.southcoastalaarp.org)

## Disclaimer

These tours are a project of and are offered to the South Coastal Delaware Chapter #5226 of AARP. The chapter and any agent it may use in arranging these or any other tours are not responsible in whole or in part to the tour member for any loss, damage, or injury, whether financial or otherwise to persons or property, however caused during or in connection with these or any other tours. These tours are activities conducted by South Coastal DE AARP #5226 and are in no way offered, sponsored, or conducted by AARP, which has no responsibility in connection with such tours.

## Trip Reservations:

To make a reservation for any trip contact Jim or Maria Harding, (302)537-5206 or email [jameshrdg@yahoo.com](mailto:jameshrdg@yahoo.com) Make checks payable to: South Coastal AARP #5226 and send to South Coastal AARP Tour Committee, PO Box 662, Ocean View, DE 19970. Please submit a check for each trip you sign up for. Note on the check what trip the check is to be applied to. If you are paying for more than 1 person please make note on the check. We can no longer accept one check for multiple trips.

## Trip Rules

### Day Trips

- Payment is preferred at time of registration and must be made no later than 30 days after registration
- Reservations made within 30 days of scheduled trip must be paid at time of registration
- No refunds for payments can be given unless a substitution can be made. If a trip is cancelled by the Tour Committee, full refunds will be provided to all paid participants.
- To cancel a trip 48 hours or less before departure, contact Jim Harding (302)537-5206
- No alcoholic beverages are allowed on buses during chapter-sponsored trips
- Price subject to change: If the price of diesel fuel increases by more than 20% between the date of the contract with Bus Company and the date of the charter, the Tour Committee may charge a fuel surcharge to participants.

### Overnight Trips

- All overnight trips use a voucher system for the payment fee and a payment schedule.
- If Cancellation after the **final payment date** is necessary we will try to fill the spot with someone from our wait list. After that has been exhausted member has the option then and only then to replace the reservation with interested party of their choice.
- Cancellation Insurance is offered for all overnight trips. If cancellation is necessary and we cannot fill that seat after the **final payment date** member will submit claim to the insurance carrier for their reimbursement refund.
- Cancellation without insurance after the **final payment date**-no refunds will be given unless we can replace your reservation as stated above.
- Cancellation prior to the **final payment date** as stated on the voucher will be refunded.

## Please Note

We now offer three possible ways to notify you of our upcoming trips. Once these notices are sent you have the option to book the trip being offered. .

- Broadcast emails sent out to all members supplying their emails
- General Meeting/Luncheon
- Newsletter

## JUNE 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3 Mackinac Island Trip June 3 - 9	4	5 Tour Committee 10:30 a.m. South Coastal Library  NO Community Service Meeting in June  Legislative Committee -12 noon South Coastal Library	6 Chorus Practice South Coastal Library 10 a.m.	7 No book club meeting  AARP Chorus Concert - 3 p.m. South Coastal Library FREE	8 Driver's Refresher Class - 9 a.m. to 1 p.m.	9
10	11	12 AARP Board Meeting 10:10 a.m. South Coastal Library  AARP Chorus Concert - 11 a.m. Millville Methodist Church FREE	13 Deadline - Luncheon Reservations/ Cancellations 12 noon	14	15	16
17 Happy Father's Day!	18	19 Chapter Luncheon - 12 noon Meeting 1 p.m. Cripple Creek Country Club	20	21	22	2
24	25	26	27	28	29	30