



AARP Chapters are separately incorporated affiliates of AARP

Coastal News

South Coastal Delaware Chapter #5226
of AARP, Inc.
P.O. Box 225, Ocean View, DE 19970

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MARCH 2023

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John Macken	2021-2023	914-522-9309
Ida Crist	2022-2024	302-732-6336
Dottie Rieck	2022-2024	302-539-2654

NOMINATING COMMITTEE

Annlynn Ayres	2023-2024	410-242-0236
Sandy Raymond	2023-2024	301-651-2284
Lana Linz	2023-2024	302-436-2156
Larzar Cherry	2022-2024	646-523-0668
Zelda Cherry	2022-2023	347-807-6481

COMMITTEE CHAIRPERSONS

Community Service	Kathy Lesperance	302-537-7845
Legislative/Environ	Ted Spickler	302-927-0050
Membership	Dottie Rieck	302-539-2654
Scholarship	Shirley Price	302-236-7046
	Ida Crist	302-732-6336
Tours	Jim Harding	302-245-8511
Web Coordinator	Frances Hart	703-801-7216
Chorus	Ann Jaeger	302-645-8023
Hostess/Luncheon	Roberta Shoff	302-539-6952
	Anna Woodrum	302-537-0826
Newsletter	Donna Spickler	302-296-6903
Sunshine	Joan Wolf	302-541-0513
50/50	Joan Wolf	302-541-0513
	Velma (Cookie) Butts	302-541-9264

CHAPTER LUNCHEON MEETING MARCH 21, 2023, at CRIPPLE CREEK COUNTRY CLUB, 29494 CRIPPLE CREEK RD, DAGSBORO, DE

SPEAKER: Robert J. Cairo, PT, MS, ART, Clinical Director & Senior Physical Therapist at Tidewater Physical Therapy's Ocean View location. Mr. Cairo will be speaking to the group about maintaining a mobile life through walking, diet, exercise, and the importance of moving every day.

LUNCHEON MENU CHOICES:

Orzo Salmon Salad – Orzo pasta, chickpeas, cucumbers, mangos, peppers, onions, tomatoes, feta cheese with pan seared salmon, served with citrus vinaigrette. **OR**

Rustic Italian Melt – Boars Head Black Forest Ham, capicola, pepperoni, spinach, roasted red pepper, melted provolone cheese. Served on a pressed Hoagie. **OR**

The Eagle – Boars Head turkey with melted smoked gouda cheese, arugula, roasted bell peppers, applewood bacon and chipotle mayonnaise. Served on a toasted artisan roll.

Beverages-Tea, lemonade & water

Dessert – Cookies & Brownies, Coffee Service

Doors open at **11 a.m.** for social hour with lunch at **12 Noon**, followed by Chapter news and announcements. **Cost: \$21.00. Cash or checks only.**

Members may make their lunch reservations by calling or emailing **Mary Ann Dougherty, (302-541-9412), madod@aol.com by noon, Monday, March 13.**

Please wear your name badge to the meeting.

PLEASE NOTE: Anyone who cancels after the deadline or does not show for any reason will be billed the full amount of the cost of the luncheon. **No walk-ins are permitted.**

PRESIDENT'S MESSAGE

EXCITING NEWS

We have exciting news for all which emphasizes the Grant Committee's developmental work to increase Chapter awareness and membership. Results include a Monthly Press Release which appears in hard copy or in the online edition of the Coastal Point. The article focuses on our activities, chapter meeting speakers and exciting events from our committees.

If you attended the February Chapter Meeting, hard copies of a Survey were available for you to respond to and state the types of activities that would be of interest. This survey will help us to offer events of the utmost interest to our members. In addition, we are developing an electronic method to present this survey to remaining members who were unable to attend the meeting.

Soon, we will have available a "postcard" which will cover activity details of our Chapter and the specifics of becoming a member. Along with this is a "flier" advertisement that will also be available for distribution to various locations to communicate our chapter activities.

We are also looking to become a member of the Bethany-Fenwick Chamber of Commerce. To this end, **we are hoping to interest one of our members to become the "Chamber Liaison"**. This position would coordinate with the Chamber and our Chapter.

I look forward to our March Chapter Meeting and hope to see you there. Please attend the Chapter meeting on the **3RD Tuesday of March (3/21/23)**. Please place reservations within the time frame given (details provided in the newsletter).

As we continue in 2023, do not hesitate to reach out to me with any ideas or suggestions

that you believe would help to grow our local chapter.

I encourage you to become more involved by volunteering. If you have any questions about the opportunities available, please contact me, and I will be happy to review these with you.

As we enter into March of 2023, we still have an **open position for Assistant Secretary of the Executive Board for the 2023-24 period along with the Chamber Liaison position mentioned above**. Please let me know if you have an interest in either of these positions.

Remember, the more volunteers we have, the less time per member is needed to accomplish necessary tasks. This is **YOUR** organization, and you can play a valuable role in enhancing our events.

Rose Verona, President, South Coastal Delaware AARP Chapter #5226

COMMITTEE ACTIVITIES

Membership - Dottie Rieck

Our current membership stands at **314** paid members. We welcome new members **Pamela Bingnear, Noel Douglas, Susan Fry, Diane Frye, Terri Kennedy, Gary & Rhonda Leasure, Doris Pierce, and Diana Spicer**.

Dues are **\$10 per person** if you want your newsletter sent by email and **\$13 if you want your newsletter sent by US Mail**. If there are two members in the household receiving the newsletter by US Mail, only one pays the \$13 fee and the other the standard \$10 fee. Please submit a new membership form along with their dues.

Please send your **check (made out to South Coastal DE Chapter #5226)** and your **membership form to Dottie Rieck, PO Box 286, Bethany Beach, DE 19930**.

If you have any questions, please contact Dottie Rieck by phone at 302-539-2654 or by email at Rieck5226@aol.com.

Legislative/Environmental – Ted Spickler

So far, we have not received any direct invitations to AARP Advocacy Legislative events in Dover. During this waiting period, you might try getting into the volunteer portal by typing volunteer.aarp.org into your browser.

If you are interested in joining the Legislative/Environmental committee, contact **Ted Spickler at 302-927-0050.**

Community Service - Kathy Lesperance

We are collecting **non-perishable** food items for the **Pyle Center Food Pantry**. Please check the expiration date on your items and bring them to the monthly Chapter Luncheon/Meeting. Thanks so much!

Scholarship - Ida Crist & Shirley Price

Dine and Donate on March 15 – At Northeast Seafood Kitchen. For the first time, the Scholarship Committee will sponsor a Dine and Donate Event in the spring. It will be held at **Northeast Seafood Kitchen in Ocean View from 4 to 9 p.m. Wednesday, March 15.** The restaurant, which is located on Route 26 in the same shopping center as the UPS Store, will donate a percentage of the proceeds to our scholarship fund. The donation is based on sales for both food and drink served in the restaurant and on takeout orders. We will also hold **a 50-50 cash drawing**. Unlike the fall Dine and Donate events, there will be no gift baskets. Invite your friends and come support the scholarship fund.

In 2023, we will give two \$1,500 college scholarships to Indian River High School seniors and \$5,000 worth of scholarships to two nursing students and one non-nursing student at Delaware Technical Community College.

Artisans Fair

A reminder that we are **looking for volunteers for the Artisans Fair to be held Saturday, May 27, at Lord Baltimore Elementary School.** The artisan and craft show will be

from 9 a.m. until 3 p.m. A Farmers Market will be held from 9 a.m. to at least 1 p.m. outdoors at the school. The Artisans Fair will have exhibitors both inside and outside. The Fair returns after a three-year absence because of COVID and concerns for public safety. Nearly half of the exhibitors this year will be participating in the Fair for the first time, so there will be a lot of new art objects for sale. The Fair will feature **our baked goods sale, Artisans raffle of art objects that the exhibitors donate, the Topsy Flamingo food truck, a 50-50 cash raffle and at least one more new feature. Stay tuned.** **To volunteer, sign up at the Chapter meetings or contact Coleen Cardy at 724-238-3067 or coleen.cardy@yahoo.com.** It takes everyone pitching in to make this a successful community event. In the process, we raise funds to support area students. Thank you for your support.
Ida Crist – Co-chair

CHAPTER ANNOUNCEMENTS/ACTIVITIES

Our **Chapter Meetings** are held on the **3rd Tuesday of each month. All these meetings/ luncheons will be held at Cripple Creek Golf and Country Club through June 2023.** The process to make a lunch reservation is found in this monthly newsletter.

Any member who is interested is welcome to attend our **Board Meetings**. They always occur on the **2nd Tuesday of each month at 11 a.m. in the John West Municipal Building on West Ave. in Ocean View.** The next Board meeting will be **March 14, 2023.**

CALLING FILM BUFFS - After years of a global pandemic, many of us are looking for interesting places to go locally as well as the wonderful trips our tour committee has planned this year and next. Locally, an outstanding place to view independent, foreign, and documentary films: the **Rehoboth Film Society. The Cinema Art Theater (CAT)**, located in Rehoboth at 17701 Dartmouth Drive, offers a great variety of films and film festivals, all described on their website,

rehobothfilm.com. Included are films of the Metropolitan Opera, Journeys in Art History, National Theatre Live, as well as independent films often difficult to find in normal outlets. RBFS is a non-profit, community-based arts organization that brings the opportunity for us to see interesting and thought-provoking films. For a listing of films and full information on membership (not required), please check out their website, rehobothfilm.com or call their office, 302-645-9095, located at 10 Truitt Ave. in Rehoboth Beach. Would a film club/group be of interest to our Chapter Members?

Tax Return Preparation

The AARP Tax-Aide program offers free tax return assistance and preparation to taxpayers with low and moderate incomes, with special attention to those 50 and older. Taxpayers do not need to be members of AARP to use this service. In the Bethany Beach area, the service is offered by appointment at the Masterson Center, St. Ann Catholic Church, Route 26. Appointments will be from 8:30 AM until 1:00 PM. The phone number to call to make an appointment is **302-858-3575**.

When they arrive for their appointment, taxpayers must present photo ID(s), must have proof of Social Security Number (SSN) for every individual to be named on the return, and must bring last year's (2021) Federal and State tax returns. All 2022 tax documents, including income statements, proof of deductions and credits (when applicable), and health insurance statements. These should be removed from their envelopes and made available to the tax preparer. A taxpayer who may be able to itemize deductions should bring a summary of the expenses to be itemized along with supporting documentation.

[The Tour Committee](#) is busily working on their 2024 tours to offer our chapter. Two of the tours they are looking at offering are:

Christmas in the Smokies "2024" and St. Augustine & Amelia Island "2024".

[AARP Driver Safety Classes](#)

Online courses are available. Sign up today at www.aarp.org/auto/driver-safety/ or call **1-800-350-7025**.

Upon completion of a driver safety class, you may be eligible to receive an **auto insurance discount**. Consult your insurance agent for details.

[Sunshine](#) - Joan Wolf

If you know of anyone who needs a greeting card, please contact **Joan Wolf at 302-541-0513**.

[Blood Bank](#)

To schedule an appointment call **1-888-825-6638** or schedule online at www.delmarvablood.org. Check for donation locations in Sussex County on the website.

[Chorus](#) - Ann Jaeger

The chorus has begun rehearsals for the Spring concerts at Ocean View Presbyterian Church. If you are interested in joining the chorus, **please Contact Ann Jaeger at 302-645-8023**.

[Please see trips offered by the Tour Committee for 2023 on the next pages.](#)

CHAPTER TRIPS

2023

April 23

VIRGINIA INTERNATIONAL TATTOO

WAIT LIST ONLY

Overview:

The largest spectacle of music and might in the United States, the Virginia International Tattoo offers an astounding display of inspirational military music, majestic, massed pipes and drums, show stopping drill team maneuvers, colorful and elegant dancers, and much more. Each year's Tattoo is different, with new performers from across the globe, new themes of honor and patriotism, and new sights and sounds to amaze you. A tattoo is meant to celebrate pride and patriotism, culture, and history through the unifying power of music that entralls spectators and those heroes serving in the armed services.

Price Includes: Premium seating at the VA International Military Tattoo, Dinner at The Island House Restaurant on the water after the show featuring broiled Island House crab cakes, chicken marsala, carved top round of beef au jus, roasted red potatoes, steamed green beans, sweet potato biscuits, cheesecake, coffee, tea and soda, round trip motor coach transportation, tips, tax, and gratuities.

Price: \$165.00 per person MEMBERS ONLY

For Reservations, contact Joan DeMarco, Escort (410) 250-0963.

May 17

MURDER MYSTERY DINNER—Cripple Creek Golf and Country Club

OPEN

Overview:

In this roaring 20's Murder Mystery Show performed by Riddlesbrood Touring Theatre's crime pays off big time! With shady characters, suspense, tommy guns and cheesy puns. The year is 1926, and two bumbling gangs are duke' in it out for control of the bootleg business. But be careful! The jokes and action can be a blast...so if there is a lot of gun play...don't forget to duck. But if prohibition has got you down, and you're hankering for some illegal hooch, just stop by...tell them "Sharkie" sent ya!

Dinner Selection, Choice of one: Chicken Parmesan, Flounder Picatta or Prime Rib. Salad, dessert, rolls/butter, coffee, tea, lemonade or soft drinks. Cash bar available

Price includes: Dinner and show

Price \$60.00 per person

For Reservations, contact Jim Harding (302) 245-8511 or Lucille Kurtz (302) 537-4389

June 7-9

QUAINT AMISH GETAWAY

WAIT LIST ONLY

3 Days 2 nights

Overview:

This wonderful trip will give you a little bit of everything. We start this trip off with a relaxing train ride through Lancaster County's famous Amish Country. After our train excursion we will head over to Hershey Farm Inn for a wonderful buffet lunch before heading to Sight & Sound to see Moses. The new production of Moses, set adrift as a baby, he is an unlikely hero-until God calls him to lead. This is one of the Bible's most epic stories. To finish off the night we will head to Shady Maple for a tremendous dinner buffet. We will see a new production of "Dear Soldier Boy" dinner show at Bird in Hand Stage. A 2-hour guided Amish Farmland Tour with stops along the way. We will visit Lapp Valley Dairy Farm, where they make their own ice cream, and raise the cows. It is the best ice cream for which everyone will have a chance to sit on the front porch and enjoy a dish or cone of ice cream. You will have time to browse and shop the stores in Kitchen Kettle Village and you will have time at the Amish Farmers Market in Bird in Hand. You can bring coolers for your shopping. A wine and cheese social under a beautiful gazebo allows for some down time and socializing.

Price includes: 2 nights hotel accommodation, 2 breakfasts, 2 lunches, and 2 dinners to include Shady Maple & Bird in Hand. 1 wine & cheese social, Round Trip Motor Coach Transportation, taxes, gratuities, and admission to all venues per itinerary, and guides

Price: \$485.00 per person based on Double Occupancy

\$610.00 per person based on Single Occupancy

Trip Protection Insurance can be purchased through Square Mouth Insurance (800) 240-0369.

For Reservations, contact Jim Harding, Escort (302) 245-8511 or Maria Harding, Escort (302) 381-0980.

Oct 1-5

AUTUMN IN THE WHITE MOUNTAINS

WAIT LIST ONLY

5 days 4 Nights

Overview:

The White Mountains of New Hampshire are absolutely beautiful this time of year. We have packed this trip in order for you to view beautiful colors of the mountains from all different viewpoints. *A Scenic Railroad Dinner along the shores of Lake Winnepesaukee where you will travel through the village of Weirs Beach and along Paugus Bay towards Lakeport, NH. You'll enjoy breathtaking views of New Hampshire's largest lake. *We will ride up the White Mountains on the first mountain-climbing cog railway in the world. This cog train will climb through three climate zones to arrive on the top of the White Mountains. *Travel to the top of Cannon Mountain on an aerial tramway whisking you above timberline to the 4,100-foot summit with outstanding views of the White Mountains and into Maine, Vermont and Canada. *Enjoy a picturesque boat cruise on Lake Winnepesaukee located in the beautiful lake region at the foothills of the White Mountains. *Visit Franconia Notch State Park with dramatic views, as we travel through the Notches, we will see covered bridges, scenic waterfall, mountain streams and the beautiful Mt. Washington Hotel. *Tour the Castle in the Clouds Mansion, a mountaintop estate, built 1913/1914. This estate is a unique example of Arts and Crafts architecture in New England. *A performance at the M&D Playhouse at the historic Eastern Slope Inn Playhouse. *Explore Wolfeboro and Weirs Beach nestled on the shores of Lake Winnepesaukee.

Price Includes: 4 nights hotel accommodations, 4 breakfasts, 3 dinners to include Fall Foliage Dinner Train. Round Trip Motor Coach Transportation, taxes, gratuities, and admission to all venues per itinerary, and guides.

Price: \$1,229.00 per person based on Double Occupancy

\$1,499.00 per person based on Single Occupancy

Travel Protection Insurance \$119.00 per person Double Occupancy \$145.00 per person Single Occupancy

For Reservations, contact Jim Harding (302) 245-8511 or Maria Harding (302) 381-0980, Escorts.

Nov 8

THE FIRST NOEL—Presented by the American Music Theatre

SEATS AVAILABLE

Overview:

“The First Noel” featuring incredible singers, astonishing dancers, wondrous costumes, breathtaking sets, and all the endearment of a perfect fireside family moment! Bask in the beauty of the season and cherish the stories of spirit and love as we bring all your favorite sights and sounds to the stage. This year’s all-new holiday show features your favorite seasonal and sacred Christmas songs – songs brought to life by marvelous vocal talent from across the country, accompanied by our masterful AMT Orchestra. Beautiful snows capes, child-like joy, cherished stories, the spirit of love, and all your favorite things about the holiday season are cast onstage in this glorious celebration of timeless holiday classics.

Price includes: The Kitchen Kettle Village for lunch on your own and some Christmas Shopping, dinner in a classic converted train dining car of The Casey Jones. A wonderful show at the American Music Theatre, round trip motor coach transportation, tax, tip, and gratuities

Price: \$144.00 per person

For Reservations Contact Jim Harding, Escort (302)245-8511 or email james.aarp5226@gmail.com

Dec 12

**THE MIRACLE OF CHRISTMAS
Presented by Sight & Sound Theatre**

SEATS STILL AVAILABLE

Overview:

This holiday season: Travel back in time to Bethlehem as the original Christmas story unfolds all around you. Journey alongside Mary and Joseph, a flock of surprised shepherds, and three Wisemen—along with their camels! There may be no room at the inn, but God has a lowly stable prepared as the angels announce the coming of the Messiah! Experience MIRACLE OF CHRISTMAS as it comes to life on stage with massive sets and live animals in this cherished holiday production from Sight & Sound Theatres.

Price Includes: The Kitchen Kettle Village for lunch on your own and some Christmas Shopping, dinner at Hershey Farm restaurant and a magnificent show at Sight and Sound Theatre, round trip motor coach transportation, tax, tip and gratuities

Price: 150.00 per person For Reservations, contact Mable Ruddo, Escort (302) 541-8549

FOR MORE DETAILS ON THE ABOVE TRIPS OFFERED GO TO:

www.southcoastalaarp.org

Disclaimer

These tours are a project of and are offered to the South Coastal Delaware Chapter #5226 of AARP. The chapter and any agent it may use in arranging these or any other tours are not responsible in whole or in part to the tour member for any loss, damage, or injury, whether financial or otherwise to persons or property, however caused during or in connection with these or any other tours. These tours are activities conducted by South Coastal DE AARP #5226 and are in no way offered, sponsored, or conducted by AARP, which has no responsibility in connection with such tours.

Trip Reservations

To make a reservation for any trip, contact the trip coordinator listed on the flyer. Make checks payable to: South Coastal AARP #5226 and send to South Coastal AARP Tour Committee, PO Box 662, Ocean View, DE 19970. Please submit a check for each trip you sign up for. Note on the check what trip the check is to be applied to. If you are paying for more than one person, please make note on the check. We can no longer accept one check for multiple trips.

Trip Rules

Day Trips

- Payment is preferred at time of registration and must be made no later than 30 days after registration.
- Reservations made within 30 days of scheduled trip must be paid at time of registration.
- No refunds for payments can be given unless a substitution can be made. If a trip is cancelled by the Tour Committee, full refunds will be provided to all paid participants.
- To cancel a trip 48 hours or less before departure, contact the trip coordinator listed on the flyer.
- No alcoholic beverages are allowed on buses during chapter-sponsored trips.
- Price subject to change: If the price of diesel fuel increases by more than 20% between the date of the contract with Bus Company and the date of the charter, the Tour Committee may charge a fuel surcharge to participants.

Overnight Trips

- **Seating will be assigned when initial payment is received.**
- All overnight trips use a voucher system for the payment fee with a payment schedule. If Cancellation is necessary, we will try to fill the spot with someone from our wait list if available. After that has been exhausted member has the option then and only then to replace the reservation with interested party of their choice.
- Travel Protection Insurance is offered for all overnight trips. If cancellation is necessary due to illness member will submit claim to the insurance carrier for their reimbursement/ refund.
- Cancellation without insurance for illnesses -no refunds will be given unless we can replace your reservation as stated above.
- No refunds for payments can be given unless a substitution can be made. If a trip is cancelled by the Tour Committee, full refunds will be provided to all paid participants.

Please Note

- We offer three possible ways to notify you of our upcoming trips: **(1) blind broadcast emails sent out to all members supplying their emails, (2) the Chapter monthly newsletter, and (3) the Chapter website: southcoastalaarp.org.**
- Once notices have been sent, you have the option to book the trip being offered.

**UPCOMING TOURS 2024
CHRISTMAS IN THE SMOKIES
ST. AUGUSTINE & AMELIA ISLAND**