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# Coastal News

South Coastal Delaware Chapter #5226  
of AARP, Inc.  
P.O. Box 225, Ocean View, DE 19970

[www.southcoastalaarp.org](http://www.southcoastalaarp.org)

VOL. 27 NO. 8

OCTOBER 2024

## EXECUTIVE BOARD OFFICERS

Co-President	Terry Baker	410-812-9063
Co-President	Kathy Johnson	302-829-8956
Vice President	Jim Harding	302-245-8511
Program Chair	Susan Kerwin	302-236-3481
Secretary	Jane Bartolomeo	302-436-8208
Asst. Secretary	Paula Pinkett	302-228-6284
Treasurer	Sheila Bower	602-688-5300
Asst. Treasurer	Bob Lesperance	302-537-7845

## DIRECTORS

Jack Beall	2023-2025	302-616-1695
Ida Crist	2022-2024	302-732-6336
Joan DeMarco	2023-2025	410-250-0963
Sandy Raymond	2024-2026	301-651-2284
Dorothy Rieck	2022-2024	302-539-2654

## NOMINATING COMMITTEE

Vacant		
Coleen Cardy	2024-2025	724-238-3967
Larzar Cherry	2023-2024	646-523-0668
Vacant		
Terry Griswold	2024-2025	443-752-4513

## COMMITTEE CHAIRPERSONS

Community Service	Kathy Lesperance	302-537-7845
Chorus	Ann Jaeger	302-645-8023
Legislative/ Environmental	Ted Spickler	302-927-0050
Membership	Kay Houston	302-732-6977
Newsletter	Nancy Archey	703-919-8254
Scholarship	Ida Crist	302-732-6336
	Shirley Price	302-236-7046
Sunshine	Joan Wolf	302-541-0513
Tours	Jim Harding	302-245-8511
Web Coordinator	Frances Hart	703-801-7216
50/50	Joan Wolf	302-541-0513
	Cookie Butts	302-541-9264

Our October 15th Luncheon meeting at Cripple Creek Country Club features Karen Holstein, a Certified Dementia Practitioner and Senior Advisor who has worked in the Senior Care Industry for over a decade. Her experience enables her to relate to families in need of care for Alzheimer's and other conditions. Karen is a volunteer speaker for the Alzheimer's Association and enjoys helping others understand this complex disease process.

### Luncheon Menu Choices

#### Grilled Chicken & Autumn Harvest Salad

Grilled herb-marinated chicken breast served on a bed of mixed greens. Topped with roasted butternut squash, dried cranberries, goat cheese, and candied pecans. Dressed with apple cider vinaigrette.

#### Grilled Salmon BLT

Seared salmon with sliced tomatoes, lettuce, bacon, lemon dill aioli on toasted herb focaccia bread. Accompanied by a side of sweet potato fries.

#### Roast Beef & Roasted Vegetable Wrap

Thinly sliced roast beef, roasted red peppers, and arugula. Wrapped in a spinach tortilla with horseradish aioli. Served with a mixed green salad with curry honey vinaigrette.

#### Dessert:

Pumpkin Spice Cake w/cream cheese frosting  
Water, Iced Tea, Lemonade and Coffee included.

**Cost is \$23.00. Cash or checks only.**

Doors open at 11 a.m. and Lunch is at 12 noon.  
Chapter news and announcements follow.

#### To Make Lunch Reservations:

Call or email Mary Ann Dougherty by noon Monday, October 7<sup>th</sup> at 302-541-9412 or [madod@aol.com](mailto:madod@aol.com).

**IMPORTANT: We cannot take walk-ins.**

**If you send Mary Ann an email or leave her a voicemail, you will receive confirmation from her for your reservation. If you did not receive her confirmation, you do not have a reservation!**

Anyone who cancels after the deadline (October 7<sup>th</sup>) or does not attend for any reason will be billed for the full cost of the luncheon.

*Please wear your name badge to the meeting.*

## Presidents' Corner

The beauty of fall is showering us with cooler weather and colorful landscapes. It's the time to celebrate the autumn change of season and share fellowship with family and friends. Speaking of friends... the Board is still looking for two members to nominate for a position on the Nominating Committee, as well as a Co-President for the Board.

Please consider accepting one of these leadership positions on the Board. Come join us on the 15th and meet new friends.

*Terry and Kathy, Co-Presidents*

## Volunteer Positions Open

We are seeking volunteers to work with our Chapter leadership in the following positions:

**Co-President** will work with co-president Terry Baker to provide general oversight and direction for the Chapter. Please call either Terry at 410-812-9063 or Kathy Johnson, co-President, at 302-829-8956 if you are interested in this opportunity or want more information.

**Nominating Committee Members**—Two positions to be filled out of a total of five on the committee. The new committee members will start in January 2025. The nominating committee works with the Chapter leadership to identify candidates for current and future vacant positions. Please call either Terry Baker at 410-812-9063 or Kathy Johnson at 302-829-8956 if you are interested in one of these positions or want more information.

**Website Maintenance**, working with the website coordinator, Frances Hart, to ensure that the Chapter's website is kept up-to-date and to assist with sending email blasts to the Chapter membership. Familiarity with WordPress is helpful, but not necessary. Please call Frances at 703-801-7216 for more information.

We appreciate your interest in working with us to help our Chapter grow and thrive.

## Scholarship Committee

A Tree of Life copper sculpture, donated by Copper Creations of Melfa, VA, a long-time Artisans Fair exhibitor, will be offered via raffle tickets at October's luncheon meeting and at the October Dine and Donate.



Tree of Life Copper Wall Hanging

The Dine and Donate will be from 11 a.m. to 8 p.m. on Tuesday, Oct. 29, at the Cottage Café in Bethany Beach. Featured will be gift baskets, a 50-50 cash raffle and the copper sculpture. The Tree of Life sculpture is 36" round with a value of \$250 and is suitable for indoor or outdoor display.

The proceeds from the Dine and Donate help support our scholarship fund. Beginning in 2025, we will give a total of \$10,000 in scholarships to Indian River High School students and adult students at Delaware Technical and Community College. The Scholarship Committee recommended, and the Board approved an additional \$1,000 scholarship per semester for a student at Del Tech whose area of study is related to the health field. This may include nursing or auxiliary health fields. We give two \$1,500 scholarships to Indian River High School students annually.

The addition of this new scholarship to Del Tech brings annual giving to the community college to \$7,000. Our total annual scholarship awards will go from \$8,000 to \$10,000. These funds are raised by the annual Artisans Fair, which is held the Saturday of Memorial Day weekend; two Dine and Donate events, one in the spring and one in the fall; and various donations. Thank you to Don and Donna Drew of Copper Creations for the generous gift of the Tree of Life sculpture.

*Ida Crist, Co-Chair*

## Legislative/Environmental Committee

Sheila Grant, Associate State Director of Advocacy, AARP Delaware, sent us the following update on what's happening at the State level that we should be aware of.

The Delaware General Assembly's session ended in June, and many of the bills and funding supported by AARP passed. Although many bills are still awaiting the Governor's signature, so far he has signed bills aimed at creating more affordable and workforce housing units, reforming nursing homes, and increasing funding to the Division of Aging. Still awaiting his signature are bills to ensure accessible polling places, prevent discrimination in housing, and educate consumers about gift card fraud.

In 2025, we expect to continue working to pass Sick Time and Safety Leave and Real Property Transfer on Death Deed. We're also planning to work on housing issues, transportation, fraud, and caregiving.

As AARP Delaware creates the 2025 State Plan, we would be interested to hear from chapter members about which issues are most important to them. Please email Ted Spickler at [arcadywood@gmail.com](mailto:arcadywood@gmail.com) to let him know which of the issues below are most important to you. You may list more than one.

- Protecting Social Security and Medicare
- Being able to age in your current home/community
- Having affordable housing in your community
- Getting to the places you need to go, independently
- Improving pedestrian and traffic safety
- Affordability of prescription drugs
- Support for family caregivers (like a caregiver tax credit or nursing home reform)
- Protecting yourself from fraud

AARP Delaware would love to have the South Coastal AARP Chapter members join us on the First State Action Team, visiting with legislators, writing letters to the editor, giving presentations to community groups, providing testimony at committee hearings, helping to plan Lobby Day, and more. We meet on Zoom once a month and every Wednesday during the session for breakfast in Dover before heading to Legislative Hall for committee hearings. Check our First State Action Blog for details: <https://states.aarp.org/delaware/first-state-action>.

**Ted Spickler, Chair**

## Membership

Our current membership (as of September 17) stands at 395 paid members. We welcome new members – Elaine Carroll, Laura & Bob Childress, Jackie & Ron Dietrich, Mary Ann & Bill Kenney, Nancy Maupai, Nancy Robbins, Judy Vorbach, and Julie Redling.

The current membership year began on September 1. The new 2024-2025 [Membership forms](#) are available in this newsletter as well as on the [South Coastal AARP website](#). All members are required to submit a new Membership form along with a check for the dues for the current membership year. You can mail it to the address on the form, bring the completed form with you to the October luncheon, or wait to pick up a form at the October meeting. Dues remain at \$15 for email delivery of the newsletter or \$18 if you receive the newsletter via US Postal Service. REMEMBER that this service is provided to those members who have NO CAPABILITIES OF ELECTRONIC COMMUNICATION.

In the meantime, reach out to your friends and neighbors to encourage them to join us. If you have any questions, please contact Kay Houston by phone at 302-732-6977 or by email at [joinaarpsc5226@gmail.com](mailto:joinaarpsc5226@gmail.com).



### Name Badge Update

Magnetic Plastic Name Badges are still available for purchase. Cost is now \$15/badge. See Kay Houston (at the membership table) at the Monthly meeting or mail the request along with a check to Kay at:

South Coastal DE AARP Chapter #5226  
PO Box 225  
Ocean View DE 19970.

Be sure that the name you request is legible.

The magnetic name badges are *TOTALLY OPTIONAL*. We will continue to provide badges with a plastic sleeve that you hang around your neck at no cost to you.

**Kay Houston, Chair**

## Special Interest Groups

If you are interested in any of the following groups, please contact the organizer.

**Book Club**, Marie Fletcher, 978-595-6690  
[yuletidechimes@gmail.com](mailto:yuletidechimes@gmail.com)

**Bridge or Scrabble**, Ida Crist, 302-732-6336  
[idadacrist@aol.com](mailto:idadacrist@aol.com)

**Canasta or Mexican Train**, Anita Ferm, 301-704-3550  
[anitalferm@verizon.net](mailto:anitalferm@verizon.net)

**Pickleball**, Susan Bresuciak, 443-243-5994  
[sbresuciak@gmail.com](mailto:sbresuciak@gmail.com)

**Poker, Texas Hold 'Em or Euchre**,  
Ed Bresuciak, 443-504-3568, [breslite@verizon.net](mailto:breslite@verizon.net)

**Trips to Museums, Studios or Historical Sites**,  
Sandy Raymond, 302-539-3941  
[sandyraymond15@gmail.com](mailto:sandyraymond15@gmail.com)

**Walking Club**, Marge Mariotti, 609-505-3183.  
[eastgoingwest@outlook.com](mailto:eastgoingwest@outlook.com)

## Community Service Committee

The Community Service Committee will be collecting for "\$ for Coats for Kids" in October and November. The money received will be used for coats, underwear, shoes and socks for students at John Clayton Elementary School. Containers will be available on the tables for donations. Don't forget your **FOOD** items for the Pyle Center Pantry.

Thank you in advance for your generosity.

*Kathy Lesperance, Chair*

## Save Money on Car Insurance

If you complete an approved Defensive Driving Course, you may receive 10% off a portion of your Delaware auto insurance for 3 years. If you take a refresher Defensive Driving Course within 180 days of the end of the 3-year period, you may receive a 15% discount. More information can be found at [Driving Courses - Division of Motor Vehicles \(de.gov\)](http://DrivingCourses-DivisionofMotorVehicles.de.gov). To learn about the defensive driving courses offered by AARP, call 1-800-350-7025 or visit [AARP Driver Safety: Online and Classroom Courses](http://AARPDriverSafetyOnlineandClassroomCourses).

## Sunshine

If anyone is in need of a card – get well, surgery or sympathy – please call me at (302) 541-0513.

*Joan Wolf, Chair*

The **FASTEST** and **BEST** way to be sure that you see a copy of the most recent monthly newsletter is to visit the Chapter website on the 4<sup>th</sup> Tuesday of each month, August through May at [www.southcoastalaarp.org/newsletters](http://www.southcoastalaarp.org/newsletters).

While you're on the [website](#), check out the other pages for information on Chapter Activities, Travel, and more!

## Board of Directors Meetings

Meetings of the Chapter's Board of Directors are held the second Tuesday of the month, September through June, at 11:00 am at the Ocean View Community Center on West Avenue in Ocean View.

All members are welcome to attend.

## CHAPTER TRIPS 2024

### Oct 30                      CHESAPEAKE BAY RIVER CRUISE                      trip closed to new reservations

#### Overview:

Join our live Interpreter for an enjoyable 3-hour cruise from Annapolis' historic harbor, up the scenic Severn River, then into the Chesapeake Bay, under the Bay Bridge, to Thomas Point Lighthouse. A box lunch will be provided to enjoy while cruising. After your cruise enjoy walking around Annapolis or shop or maybe do a little people watching while enjoying a cocktail.

**Price Includes:** Round trip Motor coach, cruise, lunch, tax and gratuities.

**Price:** \$136.00pp

**For Reservations Contact:** Jim Harding, Escort (302)245-8511

### Nov 10-15    CHRISTMAS IN THE SMOKIES                      trip closed to new reservations

Dollywood's Smoky Mt. Christmas is a seasonal event with over 6 Million Christmas Lights and we will experience the beauty of the park all lit up. A guided tour of the Great Smoky Mountain range, then become a passenger or crew member and experience what it was like on the ship Titanic. We will visit Shadrack's Christmas Wonderland of Christmas Lights Orchestrated and Choreographed to Music. Visit to the Cherokee Indian museum where we will listen to the story of the Cherokee people and set the scene for the Cherokee Heritage Trails.

**Price Includes:** 5 nights hotel accommodations, 5 breakfasts & 3 dinners, including Dolly Parton's Stampede dinner show, and meal voucher at Dollywood, 2 additional shows; Country Tonight and Charlie Bob Smith Morning Variety Show, Round Trip Deluxe Motor Coach, luggage handling in Pigeon Forge area, Entrance to all listed venues, taxes and gratuities.

**Price:** \$950.00 per person based on Double Occupancy

\$1,289.00 per person based on Single Occupancy

**For Reservations Contact:** Maria Harding, Escort (302)381-0980 or Jim Harding, Escort (302)245-8511

### Dec 4.    Daniel @ Sight & Sound                      reservations still available

#### Overview:

Taken from his people, Daniel is exiled far from home in the powerful kingdom of Babylon. Now this faithful servant must navigate his new life inside a palace filled with golden statues and shifting empires. Will his trust in the one true God remain steadfast through every test of faith? From the fiery furnace to the infamous den of lions, Daniel is a spectacular theatrical experience. Witness one of the Bible's most hope-filled stories as it comes to life.

**Price includes:** round trip motor coach, entrance to Sight & Sound, dinner @ Hershey Farm Restaurant.

**Price:** \$172.00pp

**For Reservations contact:** Jim Harding, Escort (302)245-8511

## CHAPTER TRIPS 2025

### June 3-6. Lancaster 2025                      trip closed to new reservations

#### Overview:

Come along with us, on a journey through Lancaster's neighborhood and the Amish Countryside. A trip filled with nothing but fun!

Our trip will start with a Tribute to Toby Keith at the Dutch Apple Theater and finish off the day with cocktails at a get acquainted party. The second day you will get up close and personal with alpacas at Eastland Alpaca Farm. We will travel to the historic town of Lititz for lunch and browsing. Then on to Kitchen Kettle Village to shop some more and then finish up our day at the newly rebuilt Hershey Farm Restaurant for a Grand Smorgasbord. The next day we start with our Amish Inland Tour, but the day would not be complete without ice cream from Lapp Valley Creamery. We save the best for last with Bird in Hand Dinner Theater Show; The

Rise & Fall of Miss Fannie's Biscuits and these shows are hilarious. Our last day we will travel to Lancaster Central Market for shopping and lunch on your own. You want to make sure you bring a cooler for all your great tasting buys.

**Price includes:** Round trip motor coach transportation, 3 nights hotel accommodations at the Travelers Rest Motel, 3 breakfasts, 1 lunch, 3 dinners, Lapp Valley Ice Cream, 1 cocktail party, admission to all venues per itinerary, baggage handling and gratuities (bus driver, guides, room housekeeping).

**Price:** \$644.00 per person based on double occupancy  
\$839.00 per person based on single occupancy

**For Reservations Contact: Maria Harding (302)381-0980 or [maria.aarp5226@gmail.com](mailto:maria.aarp5226@gmail.com)  
Jim Harding (302)245-8511 or [james.aarp5226@gmail.com](mailto:james.aarp5226@gmail.com)**

## **Oct 4-Oct 11 The Albuquerque International Balloon Fiesta trip closed to new reservations Overview:**

What a Fabulous Trip of the Southwest. Our trip will take us to Downtown Phoenix, AZ and Old Town Scottsdale where you will be immersed in the robust culture of the Southwest, we will travel on to Sedona, AZ & Red Rock Country. The landscape is truly unlike anything you could ever imagine. You will enjoy a Scenic Train Ride and visit the Grand Canyon. While on the train this unforgettable ride you will hear folklore and tales from authentic characters and musicians who bring the Old West to life. We will travel on to Albuquerque, NM. We will hear interactive overview of the History of Hot Air Balloons and enjoy the International Balloon Museum. We will experience the breathtaking ascension of the balloons at sunrise in a special reserved area with seating and buffet breakfast. After we will Travel on to White Sands National Park in Las Cruces where you will be in awe of this hidden gem. We will have a guide everyday on this trip to provide tons of history and fun stories.

**Price Includes:** Round-trip airfare, 7 nights hotel accommodations, 7 breakfast, 2 dinners, guide service everyday, visit and tour Phoenix, Scottsdale and Sedona. Native American jewelry shopping, see the Red Rocks, Grand Canyon Train Experience, Admission to the International Balloon Museum, Admission to the Balloon Fiesta including exclusive entrance to A VIP Viewing Area that includes outdoor seating and buffet breakfast. Visit Las Cruces, tour White Sands National Park, Standard taxes, meal gratuities, baggage handling, motor coach transportation to and from the airport with 40+ passengers, and motor coach transportation while on trip west.

**Price:** \$3299.00 pp based on double occupancy  
\$4399.00 pp based on single occupancy

**For Reservations contact:** Maria Harding, Escort (302)381-0980 or Jim Harding, Escort (302)245-8511

### **Disclaimer**

These tours are a project of and are offered to the South Coastal Delaware Chapter #5226 of AARP. The Chapter and any agent it may use in arranging these or any other tours are not responsible in whole or in part to the tour member for any loss, damage, or injury, whether financial or otherwise to persons or property, however caused during or in connection with these or any other tours. These tours are activities conducted by South Coastal DE AARP #5226 and are in no way offered, sponsored, or conducted by AARP, which has no responsibility in connection with such tours.

### **TRIP RULES**

- **No refunds for payments can be given unless a substitution can be made. If the trip is cancelled by the Tour Committee full refund will be provided to all paid participants.**
- To cancel a trip 48 hours or less before departure call trip coordinator listed on flyer
- Price subject to change if the price of diesel fuel increases by more than 20% after original contract with bus company
- Overnight trips seating will be assigned when initial payment is received
- Travel Protection Insurance is offered for all overnight trips

# South Coastal AARP Chapter 5226 New Member and Renewal Application

## 2024 – 2025

Membership year runs from September 1 through August 31

Renewing members' dues must be received by **November 1, 2024**, in order to receive the next newsletter. (Please complete the form by typing or printing legibly). **Membership in National AARP is required to join local chapter.**

**CHECK ONE:**  New member  Renewing Member Date: \_\_\_\_\_

Name (Mr., Mrs., Ms., Miss) \_\_\_\_\_

Name Preferred on Badge: \_\_\_\_\_

**Address:** Street or P.O. Box: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email Address: \_\_\_\_\_

Our standard (and preferred) method for distribution of the Chapter Newsletter is via email. The newsletter CAN be sent through U.S. Mail, however, there is an upcharge of \$3 for this service. The Chapter does take a loss for each newsletter sent through the Post Office, therefore, **this method of receiving the newsletter is reserved for those members who have no capabilities of electronic communication.** If there are two members in the same household, only **ONE** will receive the newsletter by US Mail and only one pays the \$18 fee with the other the standard fee \$15.

Membership renewal: **\$15** using email  and/or **\$18** using U.S. mail .

**Please add [news@southcoastalaarp.org](mailto:news@southcoastalaarp.org) to your contact list**

**(Required)** National AARP Membership No. \_\_\_\_\_ Expiration: \_\_\_\_\_

Your national membership and expiration date are on your membership card and on the mailing label of **AARP THE MAGAZINE**. Membership in National AARP does not make you a member of your local chapter.

**Current/Previous Occupation:** \_\_\_\_\_

### Service to Your Chapter

Your involvement in our chapter is crucial to its success. Listed below are many of the opportunities in which you may serve. Please check any or all that may appeal to you:

Chapter Newsletter  Community Service programs  Legislative  Membership Program  Public Relations  Scholarship  Artisan Fair  Tours (planning)  Chamber of Commerce Liaison  Chapter Meeting/Luncheon Assistant  Chorus  Finance/Auditing

### Officers/Board of Directors

Would you consider serving as an:  Officer  Board Member  Committee chair?

Please share with us any experience or skills that you have that would be of value to our Chapter programs:

**Please return your application with your annual \$15 (Email) or \$18 (U.S. Mail) membership fee per person (checks only), payable to South Coastal DE AARP Chapter #5226 to:**

Kay Houston \* South Coastal AARP Ch#5226 PO Box 225 \* Ocean View, DE 19970  
Phone: (302) 732-6977 \* Email: [joinaarpsc5226@gmail.com](mailto:joinaarpsc5226@gmail.com)