



Coastal News

South Coastal Delaware Chapter #5226
of AARP, Inc.

P. O. Box 225, Ocean View, DE 19970

To Serve Not To Be Served

VOL. 20 NO. 7

www.southcoastalaarp.org

September 2017

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DIRECTORS

Andrea Gowetski	2015-2017	541-4751
Brenda Fegelein	2016-2018	537-7908
Sharon Tweedie	2016-2018	541-5462
Maureen Eisenhart	2017-2019	988-1196
Chris Norris	2017-2019	436-1784
Lee Shoff	Past President Advisor	539-6952

NOMINATING COMMITTEE

Joan Thomas, Chair	2016-2017	539-1367
Dave Jaeger	2016-2017	436-5173
Valerie Reeves	2016-2017	539-8212
Jeanne Hammel	2017-2018	436-2504
Chuck Schonder	2017-2018	703-881-2491

COMMITTEE CHAIRPERSONS

Community Service	Kathy Lesperance	537-7845
Legislative/Environmental	Chuck Schonder	703-881-2491
Membership	Enid Levine	541-5639
Public Relations	Bette Meredith	539-0532
	Jim Hartzig	247-9711
Scholarship	Shirley Price	236-7046
	Ione Phillips	539-2172
Tours	Jim Harding	537-5206

OTHER ACTIVITIES

Chorus	Ann Jaeger	436-5173
Hostess/Luncheon	Roberta Shoff	539-6952
Newsletter	Andrea Gowetski	541-4751
Sunshine	Joan Wolf	541-0513
Webmaster	Mike Spedale	410-845-8217
50/50	Joan Wolf/ Velma (Cookie) Butts	541-0513 541-9264

CALLING ALL BASEBALL FANS TO PLAN TO ATTEND OUR SEPTEMBER 19 MEETING

Love the Delmarva Shorebirds? Ever wonder how they got started? Where did their name come from?

Find out at our September 19 meeting at Cripple Creek Country Club. Our guest speaker is Eric Sichau, Director of Community Relations for the Delmarva Shorebirds. He will answer these questions and tell you more. Eric will discuss the history of the team, the "road" the players travel throughout the minor league system, and recruitment in the industry.

LUNCHEON CHOICES:

Chipotle Turkey Club - Turkey, bacon, cheddar cheese, spring mix greens, chipotle mayo on a toasted artisan roll.

OR

Creek Salad - Lightly breaded fried chicken topped on organic mixed greens, dried cranberries, candied pecans, tomatoes and goat cheese tossed in a fresh rosemary, honey and lemon dressing.

OR

Beef Pot Pie - House made beef stew baked until golden brown and served with side Caesar salad.

Beverages include Ice Tea, Lemonade, Coffee, and Water. Dessert will feature Tangerine Crème Cake.

Doors open at **11 AM** for social hour with lunch at **12 Noon** followed by the program and chapter news and announcements. **Cost: \$16 members and \$17 guests.**

Members may make their lunch reservations by calling **Allys Macken 914-819-2992**, or **Mary Ann Dougherty, 541-9412** or madod@aol.com by **noon, Wednesday, September 13**. To cancel after the deadline, please contact **Linda Miller at 236-5570**.

**ATTENTION MEMBERS
LUNCHEON RESERVATIONS**

Email - If you make a reservation by email, you must receive an email confirmation or you will not be included in the luncheon count.

Phone - If you leave a message for your reservation, you must receive a call back or you will not be included in the luncheon count.

If you make a reservation for the luncheon and you are a **"no show"**, you are obligated to pay for the cost of the luncheon. If you do not pay for the luncheon, your reservation for future luncheons will not be taken and you will not be able to participate in AARP functions such as trips.

COMMITTEE ACTIVITIES

Legislative/Environmental -Chuck Schonder

Legislative

Local

Health Care Services Are Being Expanded In the Ocean View Area. Cheer and LaRed Health Center (LRHC) are partnering to improve access to high quality adult and senior health care services throughout Sussex County.

According to Cheer Executive Director, Ken Bock, "This is a fantastic opportunity to partner in a way that will allow CHEER to complement its current client health care offerings and improve access to health care for seniors throughout the county".

To do this LRHC will initially place medical providers at the CHEER Ocean View Center (30637 Cedar Neck Rd. Ocean View, DE 19970, [302-538-2671](tel:302-538-2671)). Eventually this will be done at CHEER sites in Greenwood, Milton, and Long Neck. All four CHEER sites were selected because they are located in areas of high, unmet health care needs. Health care services coming to Ocean View CHEER include: health education sessions; health screenings (vision, depression, diabetes, blood pressures, vaccine administration (TDAP, shingles, Flu, pneumonia, MMR, Hep-A and Hep-B, acute illness treatment (fevers, asthmatic attacks, earaches, cold/fever, headaches, dizziness). All health care services will be available to the general public. Initially services will be available Thursdays from 10 AM to 4 PM. For information call [302-855-1233](tel:302-855-1233)) or visit www.laredhealthcenter.org.

National

Follow AARP Advocates on Face book to keep up to date with AARP's stances on current events and ways to get involved.

State

for information on state and activities email to: dcaarp@aarp.org

Environmental

Friends of Holts Landing conducted nine live summer concerts on Tuesday nights. They included three family Fun Nights with seining for fish with identification and hands on; yard games (horse shoes, corn hole, ladder golf, scouts providing grilled delights. Attendance grew throughout the summer. A shout out to Ocean View Scout Troop 281 for their grilling expertise.

The Legislative/Environmental Committee will meet September 5 at Noon - Room A - South Coastal Library - Bethany Beach. Questions, or suggestions contact Chuck Schonder: cschonder3@gmail.com

Membership – Enid Levine

AARP 5226 is starting off the new membership year with 504 members. We welcome the following new members who joined over the summer: Diane L. Nealis (Wendy) of Milton, Beverly Jones of Dagsboro,, Donalynn Mandato of Dagsboro, Marilyn and Wayne Paugh of Ocean View, Diane & Barry Thompson of Milton, Antoinette Brzogo of Wilmington and Henry & Eileen of Ocean View.

The membership year is September 1 - August 31. If an individual joins or renews during May - August the membership extends through Aug 31 of the following year. A reminder that the dues structure has changed and is now \$10 for a member receiving the newsletter by US mail (when there are two people in the household getting the newsletter by mail only one pays the membership fee of \$10 and the other the standard \$7 membership fee.)

Deadline for renewals is November 15 and if nothing has changed (phone number, address etc) you do not have to submit a new application.

Community Service - Kathy Lesperance

Food Bank: We are still in need of food for the food pantry. These contributions of non-perishable items are needed to help many needy families in

**SPACES ARE ALMOST SOLD OUT FOR THE OCTOBER 24
20TH ANNIVERSARY CELEBRATION**

We only have a few spaces left for our 20th Anniversary Celebration on Tuesday, October 24. The event will be held from 5 - 9 PM at 99 Sea Level in the new Bethany Beach Ocean Suite on the Bethany Beach Boardwalk. Please make your reservation now to avoid being left out.

The event will feature an opening reception hosted by Delaware AARP, a three-course gourmet plated dinner, entertainment by DJ Sky Brady, dancing and chapter recognitions. Parking is free in downtown Bethany Beach in October. The planning committee sees this event as "a chance to celebrate our past, enjoy the present, and look to the future."

Tickets to the event are \$40 a person. To reserve your space, call committee member Joan Thomas at 302-539-1367 or 302-249-7292 or email her at joandcoach@mchsi.com. When making your reservation, please select your entrée choice from either Stuffed Chicken Breast with Spinach, Sundried Tomatoes & Mozzarella or Seared Alaskan Salmon in Lemon Wine Sauce. Payment is due immediately after registering to hold your place and can be mailed to 20th Anniversary Celebration, 113 Ashwood Street, Bethany Beach, DE 19930.

our area stretch their food dollars. Please check the dates and bring **unexpired** items to each chapter meeting. Coupons for Military Families: Please bring coupons (good for 90 days after expiration) to the chapter meeting. Be sure **not** to clip off the **bar code** and **expiration date**. Please bring your clipped, **unexpired coupons** to the chapter meeting. Please sort according to food and non-food items. Mary is also collecting cereal box top coupons.

Blood Bank: To schedule an appointment call 1-888-825-6638 or schedule on line at www.delmarvablood.org. The schedule is as follows: **St. Ann's Catholic Church** - September 11, October 3, November 10, December 15. Call for times.

Scholarship - Shirley Price/Ione Phillips

The two 2017 Indian River High School (IRHS) graduates to receive \$1500 scholarships from our chapter are Erin K. Haden and Paige E. Troublefield. Erin is attending Boston University this fall where she will major in human physiology. Her ultimate goal is to become a surgeon. Paige is attending Towson University where she will prepare for a career in occupational therapy.

Both recipients were outstanding students at IRHS. Erin was co-vice president of the 2017 graduating class. She was active in school extracurricular activities, holding offices in the National Honor

Society, student government and the Leo School, a service organization. A student athlete, she was captain of the field hockey and swim teams and a member of the lacrosse team. In addition to maintaining high grades, Paige was captain of the girls' varsity soccer team for four years and recognized with Academic all-conference girls' soccer and field hockey honors for maintaining all As during the seasons. During high school she worked in the Outreach Program for Soccer, coached young children at the River Soccer Club and worked in community service activities with St. Ann's Church Youth Group.

Recipients are selected by members of the Scholarship Committee based on academic performance, extracurricular, community and work activities and an essay. We are proud to recognize these two outstanding young people with our 2017 scholarships.

Tours - Jim Harding

Please remember our policy regarding payment for trips. If you sign up for a trip, you have **30 days** to pay from the date you **signed up**. If payment is not received within the 30 days, you will be taken off the list.

A separate check for each trip should be payable to **South Coastal AARP Tour Committee** and sent to **South Coastal AARP Tour Committee, P.O. Box 662, Ocean View, DE. 19970.**

Our Tour Committee continues to strive for more exciting, fun trips for all to enjoy. We welcome your suggestions.

CHAPTER ACTIVITIES

AARP Sponsored Book Club

The book group will be discussing "Nutshell" by Ian McEwan on Thursday, September 7 at 10:30 AM at the South Coastal Library. The book for October 5 is "The Wright Brothers" by David McCullough.

Chorus - Ann Jaeger



Chorus Concert at the South Coastal Library

Driver's Safety Classes - Tom Maly

Refresher classes are for those who have previously taken the Standard Driver's Class. You must take the Refresher Class every three (3) years to continue to receive a discount on your auto liability insurance. The State is now mandating that you cannot take the Refresher Class prior to 90 days expiration of your current certificate.

The AARP Driving Refresher Course on September 11 is full. The next Refresher Course is scheduled for November 6. To register call Joan King at 239-567-0606.

The next standard course (for those who have not taken the course or it has been longer than 3 years since they took one), is set for Monday, October 2 at the library from 9 AM to 3 PM. To register, call Tom at (302) 541-0780.

All classes are held at the South Coastal Library in Bethany Beach. The cost is \$15 for AARP members and \$20 for non-members

Sunshine - Joan Wolf

If you know of any member who needs a card (get well, bereavement, etc.), please contact **Joan Wolf** at **541-0513**

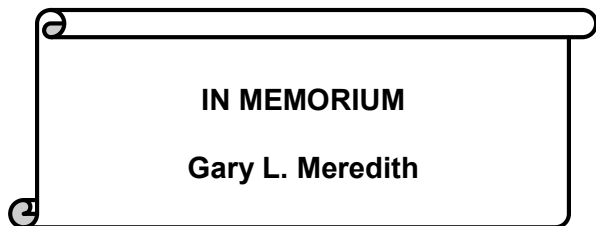
PROPOSED SUPPLEMENT TO THE 2017 BUDGET

In July, the Chapter's Board of Directors approved a proposal to create a new website for the Chapter and to maintain that website on an annual basis. The new design will improve the navigability of the web site and its usefulness to the membership. The cost for having this work done had not been included in the approved 2017 budget, We are now proposing to add these expenses to the 2017 budget. The proposal will be voted on at the September 19, 2017, meeting of the membership.

EXPENSES

Website design and build	\$1,350.00
Yearly website hosting and maintenance	<u>425.00</u>
TOTAL	\$1,775.00

The money to support these additional expenses is available from the Chapter's reserve fund.



IN MEMORIUM

Gary L. Meredith

CHAPTER TRIPS

2017

- Sept. 18 - 22 Vermont** - 5 days 4 nights, 4 breakfasts, 2 lunches and 3 dinners. Cruise on scenic Lake Champlain, lunch and tour at the Von Trapp Inn, tour: Morse Farm Maple Sugarworks, Vermont Teddy Bear Factory, Cold Hollow Cider Mill, Ben & Jerry's Ice Cream Factory, explore Plymouth Notch, factory tour of Cabot Cheese, visit Woodstock to view one of their beautiful covered bridges, enjoy a visit to Rock of Ages granite quarry and shop for granite gifts, enjoy Quechee the Grand Canyon of Vermont, shop the Vermont Country Store. **Price: \$979** per person based on double occupancy and **\$1229** based on single occupancy. **WAIT LIST ONLY.**
- Sept. 28 Mystery Trip** - Depart Giant parking Lot 6:30 AM. Breakfast, lunch and dinner on your own. **Price: \$65** per person.
- Oct. 17 Roots Country Market & Auction** - Roots Market home of the oldest family-run market in Lancaster County. Every Tuesday Roots Market features its produce auction as well as fresh eats, deli, bakery items, flowers, handmade crafts, antiques, collectibles, and household items. **Price: \$69 per person.** Includes Roots Market, bus transportation, tips, gratuities and dinner at Dutch-Way Farmers Restaurant. Bus departs Giant parking lot 7:30 AM.
- Oct. 18 Wilmington & Western Railroad** - Fall foliage steam train trip. Take a leisurely 1 1/2 hour round trip ride up the red clay valley to the Mt. Cuba picnic grove to take in the glorious colors of the changing leaves. Trip Includes motor coach transportation, bus driver gratuity, train ride and conductors tip. **Price: \$50** per person . Lunch/dinner on your own. Depart Giant parking lot 9:30 AM.
- Nov. 15 Miracle of Christmas** - Sight and Sound. After decades of crushing Roman rule, the Hebrew people are losing hope. When will the promised Messiah come. In the midst of this turmoil, young Mary is told she will miraculously bear God's son. Who can even believe such a thing. Dinner at Millers Smorgasbord Restaurant. Price includes bus, show, dinner and gratuities. **Price: \$128** per person
- Dec. 2 - 7 Nashville, TN** - 6 day, 5 night. 5 breakfast, 1 luncheon cruise, 2 holiday dinner shows. 3 nights at the Opryland Resort during A Country Christmas at Gaylord Opryland, Cruise and lunch aboard the General Jackson, guided tour of Nashville and explore Music Row, Tickets to Ice featuring "The Nutcracker", a Delta River flatboat ride, admission to a live holiday production (TBA). Tickets to Treasures for the Holidays a craft, antique and art show, enjoy a self-guided tour of the Parade of Trees, have a fabulous holiday dinner show in Pigeon Forge. **Price: \$1199** per person based on double occupancy and **\$1549** based on single occupancy. **WAIT LIST ONLY.**
- Dec. 13 Radio City Christmas Spectacular-** Enjoy a wonderful Christmas show at Radio City Music Hall and after the show enjoy Christmas in New York on your own. You will be provided a map of NY city in order to explore points of interest. **Price: \$165** per person. Includes show, bus transportation, tips and gratuities. Bus departs Giant parking lot 5:30 AM for a 11 AM show. Lunch and Dinner on your own.

2018

- Jan. 27 - Feb. 11 Back-to-Back Southern Caribbean Cruise** - Royal Caribbean's "Jewel of the Seas" Ports of Call include St. Thomas, Antigua, St. Kitts, St. Lucia, Barbados, St. Maarten, Dominica, Grenada and San Juan. Trip includes: 2 week cruise, shipboard meals and entertainment, hotel accommodations in beautiful San Juan, round Motor Coach transportation to Philadelphia Airport, non-stop round trip airfare, transportation to and from the cruise ship and hotel, port charges and taxes. \$50.00 room credit the second week. For more information go to our web site or call Jim.

May 9

Jesus at Sight and Sound - Jesus story may be familiar but his actions may surprise us. He befriends outcasts and heals the hurting. He challenges social norms and confronts hypocrisy. He sets sail with fisherman and reasons with religious scholars. The lives he touches are never the same. From the streets of Jerusalem to the raging Sea of Galilee, no place and no person is beyond the reach of his love. **Price: \$133** per person. Trip includes Sight and Sound, Dinner at Millers Restaurant, transportation, tips and all gratuities. Bus departs Giant parking lot at 10 AM.

June 3 - 9

Mackinac Island, MI & Frankenmuth, MI - 7 day/6 night trip, 6 nights hotel accommodations Including 1 night at the Grand Hotel on Mackinac Island. 6 Breakfasts & 4 Wonderful Dinners including: 1 Tasty BBQ Dinner at your Hotel, 1 Dinner at a Local Mackinaw City Restaurant, 1 Five-Course Dinner in the Grand Hotel's Main Dining Room followed by classical music in the Parlor, then dancing to a live orchestra in the Terrace Room, World Famous "Home-Cooked" Dinner at the Bavarian Inn and 1 Buffet Lunch at the Grand Hotel. 3 Evening Receptions at your Hotel including Hot Food & Spirits*. Hydro jet ferry ride to Mackinac Island. Carriage Tour of Mackinac Island. Enjoy seeing sights such as Arch Rock, Surrey Hills Museum and Fort Mackinac. Enjoy the Jack Pine Lumberjack Show and cheer on Championship lumberjacks in this fast paced competition of chopping, sawing, pole climbing, log rolling and more! Visit the Great Lakes Shipwreck Museum and Soo Locks Boat Tour. Admission to the Henry Ford Museum. Tour of Frankenmuth – Michigan's Little Bavaria. Price includes standard taxes, baggage handling, meal gratuities & motor coach transportation **Price: \$1359** per person double occupancy. **\$1834** per person single occupancy. **WAIT LIST ONLY.**

Go to www.southcoastalaarp.org for more details about the many trips offered.

DISCLAIMER:

These tours are a project of and are offered to the South Coastal Delaware Chapter #5226 of AARP. The chapter and any agent it may use in arranging these or any other tours are not responsible in whole or in part to the tour member for any loss, damage, or injury, whether financial or otherwise, to persons or property, however caused during or in connection with these or any other tours. These tours are activities conducted by South Coastal DE AARP #5226 and are in no way offered, sponsored, or conducted by AARP, which has no responsibility in connection with such tours.

Al Thomas and Lucille Kurtz, Co-Presidents

Trip Reservations:

To make a reservation for any trip, phone **Jim or Maria Harding, (302) 537-5206** or email jameshrdg@yahoo.com Make checks payable to: **South Coastal AARP Tour Committee** and send to **South Coastal AARP Tour Committee, P.O. Box 662, Ocean View, DE. 19970.** Please submit a check for each trip you sign up for. Note on the check what trip the check is to be applied to. We can no longer accept one check for multiple trips.

Trip Rules

- Payment is preferred at time of registration and must be made no later than 30 days after registration.
- Reservations made within 30 days of a scheduled trip must be paid at time of registration.
- No refunds for payments can be given unless a substitution can be made. If a trip is cancelled by the Tour Committee, full refunds will be provided to all paid participants.
- To cancel a trip 48 hours or less before departure, contact the tour escort for that trip.
- No alcoholic beverages are allowed on buses during chapter-sponsored trips.
- **.Price subject to change:** If the price of diesel fuel increases by more than 20% between the date of the contract with Bus Company and the date of the charter, the Tour Committee may charge a fuel surcharge to participants.
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Please remember our policy regarding payment for trips. If you sign up for a trip, you have **30 days** to pay from the date you **signed up.** If payment is not received within the 30 days, you will be taken off the list.

PLEASE NOTE


Due to the increase of members joining AARP, our policy for signing up for AARP trips is as follows: Members at the general luncheon/meeting will have **first** priority over members calling in.

Members can call, text or email the day of the meeting to sign up. If there should not be any opening for the trip, you will be placed on the waiting list automatically in the order of calls.

We will **no longer accept** calls **prior** to the general luncheon/meeting for trip sign ups.

This was always the policy for AARP trips. We will announce new trips at the luncheon/meeting first and then post it on the webpage and newsletter.

SEPTEMBER 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4 	5 Tour Committee 10:30 a.m. South Coastal Library Community Service Meeting 10:30 a.m. South Coastal Library Legislative Committee -12 Noon South Coastal Library	6	7 AARP Book Club South Coastal Library - 10:30 a.m.	8	9
10	11 Driver's Refresher Course South Coastal Library	12 AARP Board Meeting 10 a.m. South Coastal Library	13 Deadline Luncheon Reservations/ Cancellations 12 noon	14	15	16
17	18 Vermont Trip Sept. 18 - 22	19 Chapter Luncheon - 12 noon Meeting 1 p.m. Cripple Creek Country Club	20	21	22	23
24	25	26	27	28 Mystery Trip Giant parking lot 6:30 a.m.	29	30